Freemason



Unlucky or not?

The Ashlars

It's good to be square!

Go fly a kite

... up where the air is clear ...



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Editorial Policy

Aims of the Freemason magazine

- To uphold and promote those values, morals and virtues which Freemasonry believes are universal and enduring.
- To foster a better understanding of Freemasonry within the general community.
- To provide a forum for discussion on masonic issues.
- · To publicise the charitable works of Freemasonry.
- To provide articles of interest and education and to disseminate masonic news and views.
- To recognise masons who make significant contributions to the Craft and the wider community.



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Freemason

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Go fly a kite

Literally, go fly a kite or something similar.

ll people need to have an objective and somehow fulfill themselves in a positive and creative manner.

It isn't really necessary to book a flight to the moon even if it is becoming possible, or to get on a white horse and search for and slay a dragon or even become a world famous scientist/philosopher/inventor.

Just go and fly a kite. Better still, if you can't find one, help a child fly a kite.

Mostly we have little or no control over the forces that move us and there are plenty of them such as big business, big government, the labour market and family, work or community commitments. So many crises occur at regular and unexpected intervals - traffic driving problems, transport to work, inflation, taxes, politics, the energy crisis, climate change warnings and the move to bring in new automation through robots.

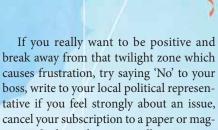
However, in each and every person there is a great amount of creativity and individuality that we don't put to use and which we could put to work if we had the courage to take the step.

Teddy Roosevelt, the outspoken American president once said: 'It is far better to dare mighty things chequered with failure than to live in that great twilight that knows no victory or defeat.'

And wasn't it Edison who said when he successfully perfected the light globe after a thousand unsuccessful experiments that he hadn't had a string of failures but merely steps towards success.

How about every so often, say once a day, a week or a month, do something you have never done before.

Write to the WM of your lodge telling him how you appreciate the job he has done this year or get up in lodge and compliment a member on the delivery of a charge or a successful action. Send a card to one of the guests at the Whiddon or RFBI Homes or a birthday card to a Start in Life beneficiary. Which one? Ring and find out.



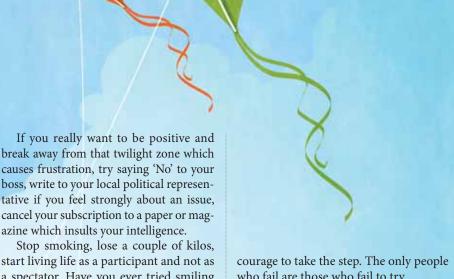
Stop smoking, lose a couple of kilos, start living life as a participant and not as a spectator. Have you ever tried smiling at a stranger while out walking, or in a bus or train. It costs nothing except a little muscle movement around the mouth and can bring unexpected pleasure to a person who may be having problems, sadness or temporary depression. A little light can brighten the darkest of gloom.

The only thing it takes to do something you've never done before is called intestinal fortitude or plucking up the

who fail are those who fail to try.

Remember the movie/stage play Mary *Poppins*. Remember the final scenes where all of the show's stars got together in a park to fly kites to relieve their stress and become a happy community again.

So go fly a kite. Or the equivalent because it may start you on a new life of really living and bring a greater enjoyment in your relations with your family, neighbours and your lodge.



Interested in Freemasonry?

Have you ever wondered about Freemasonry – what it is and what its members do? Do you ever think about joining but don't know any masons or what action to take to find out more?

If you are interested and would like to talk with a mason, contact Grand Lodge who will put you in touch with a member from your suburb who can give answers and advice.

Grand Lodge is available Monday to Friday on (02) 9284 2800 or you can contact us by email at info@freemasonsnswact.org.au



This year marks the Diamond Jubilee of Queen Elizabeth II to celebrate 60 years since she ascended to the throne.

lso, on 20 November 2011 the Queen and the Duke of Edinburgh celebrated their 64th wedding anniversary.

The Queen was born at 2.40 am on 21 April 1926 at 17 Bruton Street in Mayfair, London, the first child of the Duke and Duchess of York, who later became King George VI and Queen Elizabeth.

At the time she stood third in line of succession to the throne after Edward, Prince of Wales (later King Edward VIII), and her father, the Duke of York. But it was not expected that her father would become King, or that she would become Queen.

Shortly after the Royal Family returned from South Africa in 1947, the Princess's engagement to Lieutenant Philip Mountbatten was announced.

The couple, who had known each other for many years, were married in Westminster Abbey on 20 November 1947. Lieutenant Mountbatten, now His Royal Highness The Prince Philip, Duke of Edinburgh, was the son of Prince Andrew of Greece and a great-great-grandson of Queen Victoria. They have four children, eight grandchildren and one great-grandchild.

After her marriage, Princess Elizabeth paid formal visits with the Duke of Edinburgh to France, Greece and Canada and she also visited Malta four times while Prince Philip was stationed there on naval duties

This way of life did not last long, as her father's health deteriorated and on Wednesday, 6 February 1952, Princess Elizabeth received the news of her father's death and her own accession to the throne, while staying in a remote part of Kenya.

The tour was abandoned, and the young Princess flew back to Britain as Queen. The Coronation took place in Westminster Abbey on 2 June 1953. It was a solemn ceremony conducted by Dr Geoffrey Fisher, Archbishop of Canterbury.

Representatives of the peers, the Commons and all the great public interests in Britain, the Prime Ministers and leading citizens of the other Commonwealth countries, and representatives of foreign states were present.

Crowds of people viewed the procession all along the route, despite heavy rain. The ceremony was also broadcast on radio around the world and, at the Queen's request, on television for the first time.

Television brought home to people around the Commonwealth the splendour and significance of the Coronation in a way never before possible.

From Australia to Antigua, Canada to Cameroon, the Commonwealth is a remarkable international organisation, spanning every geographical region, religion and culture. It exists to foster inter-

Accreditation

Is your lodge up for it?

Why not do a **health check**?

ost of us would think that our own lodge is pretty good; our ritual is passable, we're involved with the local community, we have a good social calendar involving the brethren and our ladies, and, yes, we think we are not too bad at all. Well, let's have a closer look...

First, let me digress for a minute. Back in the 1970s, all vehicles due for registration had to be inspected. Prior to renewal date, you would join the queue at one of the inspection sites. As you progressed in the queue, you came to a point where a whitecoated official with a clipboard noted your registration number, asked you to activate headlights (normal and high beam), indicators, brake lights, sound the horn, unlatch the hood for an inspection and battery test. Then you were directed over the pit where mechanics inspected the underside. Later, you got a report on all defects (if any) and whether your vehicle had passed, failed or was passed on condition of mandatory urgent repairs, or directing attention to potential problems.

Well, quite a few car owners were up for a big surprise!

I'm sure you can see where I'm heading with this. Thankfully we are not subject to such a mandatory regime, but we do have the tools to let you run your lodge over your own inspection pits. Your lodge might wish to head for Accreditation, or you might just wish to have a snapshot of the standard of your work. Self assessment will show you the weak spots and highlight the strong points of your ceremonial, administration and overall lodge management. I know there are some lodges who aren't particularly interested in Accreditation as such.

One secretary of a country lodge told me that they were doing fine, they were all old, enjoyed each other's company, and didn't want to have people sitting in on their meetings to assess them. 'We know we make the occasional mistake, but we recover in good spirits, have a laugh and carry on - no pressure.' I can appreciate that; nobody wants to put unnecessary pressure on any lodge. On the other hand, we have lodges who do think they are top drawer material and these lodges are not necessarily 'young' lodges. If your lodge can become a 'Lodge of Excellence' then you will set a benchmark for your district. We ask candidates and intending affiliates which lodge in the district would suit them best. If one of the choices was a 'Lodge of Excellence, then, all other considerations being equal, there is a simple choice to

So, why not check your lodge out with a simple self assessment? You can talk it over with your brethren in a relaxed fashion and set some targets to strive towards improving your lodge's way of working. This makes for greater enjoyment of your own lodge experience and the effects will flow outwards as others see your progress.

Any takers?



Check out the full Accreditation package on the website in the Members Private Area under Board of Management - Private Lodges Committee.

national co-operation and trade links between people all over the world.

The Queen is Head of State of 15 Commonwealth realms in addition to the UK. She is also Head of the Commonwealth itself, a voluntary association of 54 independent countries.

Australia is a constitutional monarchy with the Queen as Sovereign.

In the course of almost 60 years on the throne, the Queen has developed a very personal relationship with Australia through regular visits. She has travelled throughout the different states to meet people from all cultures, walks of life and regions of this enormous country.

As a constitutional monarch, the Queen, by convention, is not involved in

the day-to-day business of the Australian Government, but she continues to play important ceremonial and symbolic roles.

The Queen's relationship to Australia is unique. In all her duties, she speaks and acts as Queen of Australia, and not as Queen of the United Kingdom.

Australia will have a small role in the celebrations with the arrival of a special Royal coach built by Sydney man Jim Frecklington. It took Frecklington considerable time to plan and put together the coach which contains a Square and Compasses logo on the top.

The inside of the coach consists of small panels in the woodwork from around the world, most of them taken from many famous ships and buildings.

We offer our congratulations to a remarkable woman whose service and dedication has played an active role in maintaining the Commonwealth as a league of nations and endeavouring to bring peace and stability to the world.





March Communication



he Grand Master, MW Bro Derek Robson AM, as the only nominee, was re-elected by the brethren for the 2012–2013 masonic year.

'I am absolutely honoured to accept and it is wonderful you see fit to honour me for the next 12 months. I trust we will be able to assist wherever we can in the lodge, district and heart. The Re-Installation will be held on Wednesday, 12 September with the Quarterly Communication,' he said.

He issued a warm welcome to those attending, especially the Past Grand Masters for their continuing involvement, and then announced that he had invited RW Bro Kevin McGlinn PDGM to resume his position as Grand Secretary.

'I see this as an important step in ensuring the stability of the Grand Lodge Secretariat as we move to make some subtle, but very important changes to our administrative arrangements. These changes will improve the working arrangements for our staff, they will streamline the lines of communication between the Grand Lodge and the membership, and they will generally brighten our whole way of doing business,' the Grand Master said.

'We have already revised the manner in which the Grand Master's Appointments have been arranged, and I encourage all lodges to make sure that the Grand Secretariat has the earliest possible notice of any activities which might need to involve the Grand Master or his Representative. The Appointment Sheet will now be on the website two or three months before your event takes place. This will assist you to advertise and market your event in your masonic and local community, so that you can attract appropriate numbers to support the importance of the occasion.

'By now, you would be well aware that it has always been my intention to revise the numbers and roles of our Field Officers to improve their effectiveness and I am pleased to report the review of Regional Grand Counsellors (RGCs) and District Grand Inspectors of Workings (DGIWs) is now complete. I have accepted the report's recommendations and passed them to the Chairman, Board of Management, for his further consideration. It is intended that when the current RGCs complete their term, their numbers will reduce to four. At present we have over 60 DGIWs; their numbers will reduce to around 36–40. This change, particularly relating to the DGIWs, may need to be phased in over a period. I

It was also announced that most fees would remain unchanged, including the Capitation Fee.

am aware that some nominators for the position of DGIW would have applied in good faith to represent a particular group of lodges and I have encouraged that this should be considered wherever possible.'

Acknowledgment was also given to the work being done by the Grand Treasurer to restructure accounts because of changes to government regulations. The Australian Charities and Not for Profit Commission (ACNC) will now require that all charities will lodge financial documentation with them on a regular basis and when registering with that Commission.

For the first time, when presenting the two sets of financial statements for the period ending 30 June 2012, brethren will have a clear and transparent view of the two sections of the United Grand Lodge's

financial affairs, namely the Charitable Operations and Masonic and Commercial Activities. This might finally settle many misconceptions as to how this place operates

'I want to acknowledge the fabulous support I have received from the Deputy Grand Master, RW Bro Jamie Melville and the Assistant Grand Master, RW Bro Wally Mehanna, and his extraordinary team with its efforts under the STEP Action Program.'

In January, the STEP Team worked with the Grand Librarian and Lodge of Discovery to develop plans for 'New Member's Masonic Education', and they submitted their recommendations to the Board of Management for their consideration. They also conducted a Men's Health Seminar.

In February, the STEP Team assisted with publicity for the 'Hunter Connect and Surfing for Autism' event, they arranged local review workshops to be held with masons in Jerilderie and Kempsey, they co-ordinated and manned the Orientation Week Stalls at Sydney and NSW Universities where over 140 men indicated their interest in the Craft. The STEP Program worked with RW Bro Peter Lazar AM, PJGW, and Bro John Tuffin MM from PPR Marketing to promulgate statements which could be used for questions at 'O Week' and uploaded the 'What is Freemasonry' DVD onto YouTube.

The STEP Program will conduct further workshops, work with local masons to support a school for children who are severely impacted with an autism spectrum disorder in the Hunter region and are working with six lodges in Sydney, the Central Coast and Newcastle, to plan a charity golf day. They will make a presentation to the Region 8 Conference in June and support the 90km push bike 'MS Gong Ride' in November.



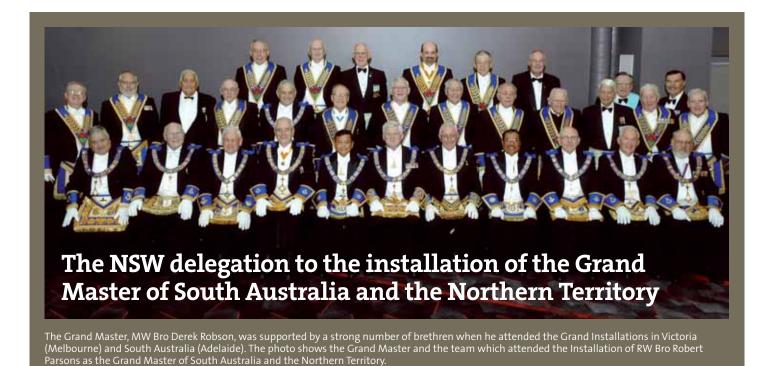


'There has been some uncertainty as to the actual mode of dress we should be wearing to our various masonic functions. Perhaps I have caused some of this through my preference that Grand Lodge Officers should not be required to wear gauntlets with lounge suit. A copy of the Masonic Dress Booklet will now be supplied with each new copy of the Book of Constitutions, or separately at small cost. As Freemasons, there are times when we must pause and reflect. On ANZAC Day we will again join with the Freemasons' Association at the Masonic Wreath Laying Ceremony at the Sydney Cenotaph. I hope that many of us will take the time to reflect on the 362 masons listed on the Honour Roll on the third floor in this Memorial Building.

It was also announced that most fees

would remain unchanged, including the Capitation Fee. Upgrading is well advanced on the Castlereagh Street entrance with work expected to be completed this year.

A special presentation of a framed display was made to the Grand Master by Bro Mark Mansour as a result of the Movember Appeal which raised more than \$27,000 in NSW/ACT.





Veni, Vidi but not Vici

Am I satisfied, idealogically and socially, with joining Freemasonry?

his is indeed an important question that each individual must ask before taking the final step of joining. And here is the crucial question. Under what circumstances does this particular candidate arrive at our door?

In the past, an application for membership was supported by the favourable recommendation of a current member. The wisdom of such a method was to ensure first that the candidate was well known to the nominee, second that his proposal was serious and third that the candidate would reflect well on the Craft. Furthermore, this method of introducing a new candidate involved his sponsor taking the responsibility for ensuring that the new initiate underwent all stages of his masonic journey confidently and happily. Ideally it meant that sponsor and candidate would jointly attend their lodge and visit other lodges. In other words the mentor, or sponsor, nourished his nominee as the latter put down strong roots in what was initially a totally mysterious society.

Over the years I have witnessed lodges initiating candidates on a 'wholesale basis'; candidates who frequently emerge, unheralded, unknown, in effect from nowhere, are interviewed and put on the floor of the lodge. The eagerness for quantity overcomes the desirability of quality. The result? We have created a 'revolving door' for new comers, VENI, VIDI but not VICI (to come, to see, but not to conquer).

'A wise man will
hear and will
increase learning,
and a man of
understanding shall
attain unto wise
counsels'

Book of Proverbs, Chapter 1:5

Though we theoretically assign mentors to these new MAS candidates, it is not as beneficial as the old method where a candidate was the close acquaintance of an individual member.

We must admit that to commit to Masonry as a way of life – and for life – one needs to be a special person who knows what he wants from life, knows what he wants to achieve and has a strong character to hold firmly to his commitments. No doubt modern life and personal pressure make it hard for men of all ages to adhere to long term commitments. Therefore, there is an attitude that, 'What is good for today is not necessarily suitable for tomorrow'.

It is human nature to lose the desire for something when it is easily achieved or readily revealed: but when a society is only known to selected people and there is an element of mystery in its activity people tend to want to be regarded worthy of acceptance by such an exclusive body. Once they are admitted and realise that it is not a short 'trip', they will retain their membership.

Whenever I meet long serving members I think that they deserve to be admired for their strong commitment to the Craft and its ideals. Unfortunately, year after year, they are disappearing from the scene because of old age, fragile health or having been called to the Grand Lodge above. Their skills, experience and example are lost to us. But there are gleams of hope when we see young, new lodges with the enthusiasm of young, new members who do things not only for their lodge but to help the community at large. Let us hope that this will blossom and spread!

Recently, I had the pleasure to attend a special lodge meeting, in the presence of our Grand Master, to honour a very special Master Mason who had devoted many years of his life to the Craft and without any ambition to take progressive office. He had just turned 100 years 'young' with 70 years as a member of the Craft. The evening's work in the lodge was purely to honour his achievement and dedication and he was the 'star' in the South. It was amazing to see this masonic centenarian, tall and steady. When he was introduced I could not believe that he was the man for whom this occasion was arranged. He looked much younger than his age, functioning beautifully in body and mind and a classical example how a mason is able to commit himself to be a mason for life. Truly we say: 'If there is a will there is a way'.

In conclusion, there is hope for Masonry, provided that everyone sincerely feels it is his duty to contribute something to the success and welfare of the Craft and to nominate at least one suitable and serious candidate to join our Order.



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here has been plenty of talk over the years about lodge members meeting for supper after the meeting has concluded or, in some overseas countries, before the meeting starts.

In a lodge, the Junior Warden is in charge of meal breaks and the meals have become known in some quarters as 'The South'.

Whilst operative masons worked from dawn to dusk and needed something substantial to eat at the end of the day, speculative Freemasons may well have eaten before coming to their lodge meeting and the type of meal they have in the South tends to vary, though in most cases it is more than mere refreshments.

The South has a much more relaxed atmosphere than the formal part of the Lodge meeting. The conviviality of the occasion is an important means of fellowship, as are the speeches and toasts. The humorous chit-chat of the South would be an anathema in the lodge room itself though I must admit to having been present at lodge meetings in some places where there was inadequate dignity and decorum. On the other hand, I have been at lodge dinners which were rather too stiff and formal and one wondered whether the brethren had forgotten how to smile.

Understanding that food would normally follow a lodge meeting explains why the early speculative masons often met at inns and taverns, even naming the lodge after the meeting place. It also explains why there was a constant concern on the part of the lodge treasurers that the house bill (ie. the cost of catering) was becoming too large, and some tavern keepers threatened that if a particular lodge created too many difficulties they could always find another lodge. These days, the catering is generally in-house but some lodges have developed the practice, in the interests of making Masonry a quality experience, of moving to a good restaurant once the formal meeting is over.

Possibly modelling themselves on Greek and Roman symposia or talkfests, speculative Freemasons in some places combined their dinners with their debate. For Jews, this has a familiar ring, since life-cycle events and the Sabbath and festivals are universally celebrated with a combination of serious discussion and

relaxed eating. The leading example is the Passover night Seder at which the exodus from Egypt is discussed at table and the story and songs are interspersed with symbolic foods that represent the sourness of slavery and the sweetness of freedom. Lest the food become more important than the discussion, the Jewish sages were highly critical of those who ate without accompanying the meal with religious and intellectual discussions.

The masonic South is one of the last places to maintain traditions derived from military banquets. Thus the practice of honouring a toast with 'fire' (regulated stamping, clapping etc) reflects the military custom of firing muskets after toasts, and possibly entered the Craft as the tradition of the many so-called military lodges that originated in 18th and 19th century imperialism.







It is intended to provide for the new Craftsman an infallible charter for the development of a moral, useful and fulfilling life.

The wider objectives of the Degree are beautifully expressed by the masonic writer, Rev Joseph Newton in the following passage:

'What come you here to do. To discover myself, and how to rule and use the strange powers within my nature. To improve myself in the Art of Masonry by which the rough Ashlar of youth is wrought into the perfect Ashlar of manhood, noble and true; to learn to live with love and care upon the Level, by the Plumb and Square, to master my passions, and to win high praise of a character established in strength and wisdom, to find the meaning of life and its fulfillment in a beloved community, a brother and builder, fearless and free.'

The Degree confirms the candidate has learned and appreciates the lessons of his obligation as an Apprentice and secondly, instructs the candidate in his duties to God, his neighbour and himself and progressively to acquire the personal skills inculcated in the teachings of the working tools of the Degree; the Square, Level and the Plumb.

The Square is one of the oldest symbols known. It defines morality as those qualities of behaviour between men that demonstrate right from wrong within the accepted standards of society. No man who cheats or defrauds another can be said to be a Freemason in his heart. While he may be able to hide his unwanted actions from his fellow men he cannot hide them from God.

The Square can alternatively imply that an individual is either contemptuous, or is a right thinking man who demonstrates virtue and kind behaviour in his daily life. To a Freemason, to 'act on the Square' means telling the truth and being honest and fair in his dealings with his fellow men. It also implies he is living according to the laws of God, as well as those of the society in which he lives. It could also be said to be the ultimate compliment to be bestowed on a mason.

Living by the Square does not imply seeking perfection. Rather, as an Operative Mason checks the quality of a stone for a new building, he seeks by use of the Square to ensure accuracy so each stone will fit evenly and vertically into the structure. Similarly, as masons we are counseled to check the pattern of our lives by the Square, not expecting to be perfect but to be judged as honourable, useful and respected members of society.

The Level, like the Square, is another very old symbol pointing to the invisible truths of faith and philosophy upon which rest the foundations of all monotheistic religions. It teaches us that in the sight of God, all men are equal, it is our duty as masons to respect equally those of different stations in life, economic circumstances, education or employment. Distinctions among men must cease to exist and equality and virtue be the guide to our thoughts and actions.

The Level, through recorded history, has been the tool by which Operative Masons measure and prove that horizontal surfaces are fit for their intended purpose. It teaches us as Speculative Masons to meet

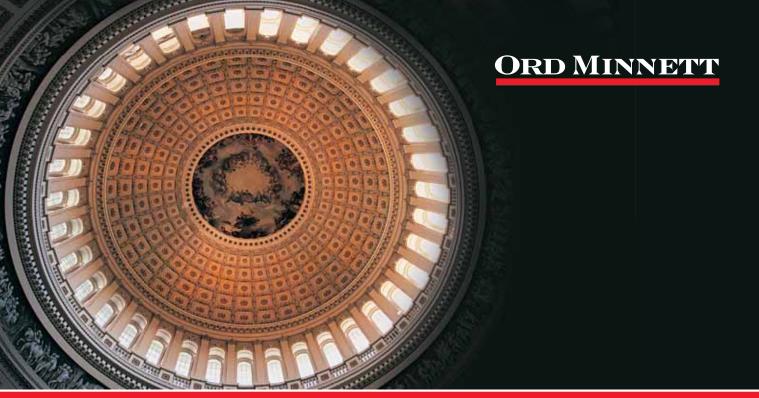
as brothers 'on the level', each having the same rights and responsibilities as citizens. While we cannot enjoy the same skills and abilities, we are each to be respected as individuals for our personal qualities.

The Plumb likewise is an ancient tool, equally as useful today, for accurately adjusting vertical surfaces. No building can be deemed to be safe and secure until all vertical walls are proved precisely perpendicular. In Masonry, the Plumb provides valuable guidance in our relationships with our fellow men and the society in which we live. It counsels us to demonstrate integrity and to be upright in all our dealings.

We should be clear in our mind what constitutes virtuous conduct according to the tenets of our Craft, not to accept any deviations either 'to the right or the left' from the principles we have set for ourselves in our actions with others. Most importantly, it dictates 'not to be swayed by the possibility of adversity or seduced by the prospect of prosperity' but to be consistent with our principles no matter what our position or welfare.

A most significant aspect of the working tools of the Second Degree is that these three elementary tools must be used in sequence when constructing a safe building and could be said to constitute a working trilogy. As no building can be successfully erected without their use, so no Freemason can achieve the ultimate objectives of our Craft unless he regulates his conduct through life according to their symbolism.

...continued on page 23



Exclusive Invitation

Investment package for Freemasons

Bro Marcus Obermeder, investment advisor at Ord Minnett, cordially invites all Brethren to attend a special investment presentation evening showcasing some of Ord Minnett's favourite stocks for 2012 and beyond. There will also be discussion around the current state of world economics by the Head of Investment Strategy, Ord Minnett, as well as the unveiling of a special investment package for Freemasons.

Details of this discrete evening are as follows:

Date: Thursday 12th July, 2012

Venue: Ord Minnett

Level 8

255 George St, Sydney

Time: Arrive 6.15pm for 6.30pm start

RSVP: to Bro Obermeder

by Thursday, 5th July

(02) 8216 6529 or mobermeder@ords.com.au

If you would prefer an individual consultation, please contact Bro Obermeder directly.

Ord Minnett is a leading Australian wealth management group, incorporating full-service stockbroking, corporate finance, financial planning, funds management and portfolio services. More information visit www.ords.com.au



A half century to the Aurora

Picton on a trial run to Moss Vale in March 1962. Photo: ARHSnsw Railway Resource Centre.

The Southern Aurora between Maldon and

On Thursday, 12 April 1962, the *Southern Aurora* departed from Central Station in Sydney to become **the first continuous rail passenger service to Melbourne** with the completion of a standard gauge between the two capitals.

Prior to this inaugural journey, all passengers between Sydney and Melbourne had to change trains at Albury, usually in the early hours of the morning, to switch to a train using the gauge peculiar to that State.

It is hard to believe that in those early days, each State had its own rules and regulations with little co-operation between them and Government members continually refusing, because of politics or finance, to build a standard gauge.

The origin of a standard gauge (which measures 4ft 8½ inches) is lost in the mists of antiquity and legend. This gauge was used on the world's first railway line, the Stockton and Colliery line in England which was opened on 27 September 1825.

As the English gave steam railways to the world and built most of the early locomotives and rolling stock, it was not surprising that when railway lines were built in different countries they used the standard gauge.

But it was not new.

It was known to the ancient Roman and Greek civilisations and even to those of the Egyptians and Assyrians. No doubt the width was decided in ancient times, thousands of years before the Christian era, on the basis of the space required to keep the wheels of a chariot clear of the heels of a pair of horses.

In the roadways of Pompeii, the tracks cut in the stone for the Roman chariot wheels, nearly 2,000 years ago, is the same as the standard rail gauge. The Romans gave the standard gauge to England and England gave it to the world.

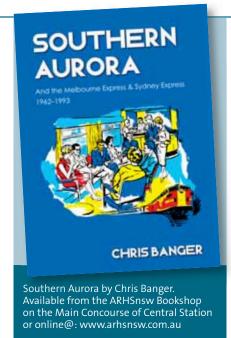
The ceremony in 1962 started in Sydney with a special dinner at the Trocadero in George Street, attended by the Governor General, Viscount De L'Isle, the NSW Governor Sir Eric Woodward, Prime Minister Robert Menzies and assembled guests who then proceeded to Central Station to board the 13 carriage train consisting of sleeping cars, dining and club lounges. In Melbourne on 13 April, special functions were held by the Victorian Railways and the

An Exhibition will be at Rail Heritage Central, Central Station, Sydney from April to September 2012.

Victorian Government before the guests re-boarded the train for the overnight return journey to Sydney.

Once agreement was reached between the Commonwealth, NSW and Victorian governments, preliminary work began on the project in November 1957. Major construction started in December the following year and by December 1961, the line had been laid and was ready for use, even though certain tasks such as com-





pletion of signaling arrangements still had to be finalised.

The line was opened to freight traffic on 2 January 1962 when four freight trains left the Alexandria freight terminal near Sydney for Dynon, in Melbourne. On the following day, the first freight train from Victoria to operate over the new standard gauge left Dynon for Sydney. It was a vastly different operation to 1855 when the first 14 miles of railway track were laid between Sydney and Parramatta.

Billed as the finest and most luxurious train in the world, the air-conditioned Southern Aurora operated every night of the week between Sydney and Melbourne while the Daylight Express catered for those preferring to travel by daylight. The Spirit of Progress continued to provide overnight accommodation for sitting and for a limited number of sleeping passengersstopping at regional stations. The Spirit was Australia's first completely airconditioned, all-steel train.

When they were introduced to the Colony of NSW in 1855, the railway was the transport medium by which government opened up the hinterland for development. The entire economy of the State came to be built on the railways which carried rural products to the growing industries at the seaboard cities or to the ports and then on to the markets of the world.

In Sydney, the greater proportion of the railways' goods traffic was received and dispatched at Darling Harbour. The area of 56 acres and 30 miles of track handled four million tons of traffic as a great clearing house of merchandise. Darling Harbour was gradually developed from 1878 when the first consignment of wool was received for shipment. The area has now been developed into a commercial shopping and entertainment centre.

In today's world, the Sydney railways carry millions of passengers each day with peak hour trains running nearly every two minutes and services extending to coastal and inland areas as commuters move away from the crowded city.

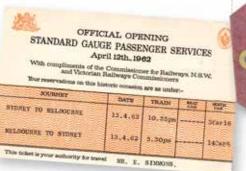
The NSW rail industry, now RailCorp is still one of the largest industrial undertakings in Australia with thousands of staff and passenger trains and providing employment throughout the State. With

the completion of the Sydney-Perth and Adelaide-Darwin standard gauge lines, the railways continued to open vast areas of Australia to the general public.

RailCorp is celebrating the *Southern Aurora's* 50-year mark with a special free exhibition on the interstate concourse at Central railway station which offers a fascinating glimpse into the highlights of the food, fashions and flair of rail travel in the 1960s.

And if you fancy a return to those days, passengers can take their own journey on a *Southern Aurora* carriage with the Heritage Express.

www.heritageexpress.com.au



NEW SOUTH WALES—
VICTORIAN
RAILWAYS

INAUGURAL SERVICE

SYDNEY—MELBOURNE
STANDARD GAUGE EXPRESSES
APRIL 12, 1967

The Editor was an invited guest on the inaugural Southern Aurora in April 1962 to travel from Sydney to Melbourne and return.

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For further information contact ...

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Shades of grey

Unfortunately, depression and anxiety disorders are regarded by many people as everyday occurrences which are accepted as part of life.



The sad reality is that over one million people in Australia live with depression and over two million have an anxiety disorder. Both are regarded as mental illnesses with the annual cost estimated at \$20 billion including the cost of lost productivity and labour force participation. Mental disorders have been identified as the leading cause of healthy years of life lost due to disability.

Depression is a serious but common condition and has been predicted as one of the major health problems of the 21st century. If left untreated, it may well lead to alcohol or substance abuse and could even result in premature death by suicide. Whilst depression can strike at any age, it is becoming more and more prevalent in

adolescents and young people. In older people, the condition is more likely to exist with other conditions such as anxiety, physical disability or other health problems.

It can be difficult to know when people are feeling depressed because we accept that everyone is moody at one time or another. Adolescents and young people in particular do not always understand or express their feelings very well. When asked they may deny that anything is wrong even though they may act aggressively, hostile or exhibit risk-taking behaviour. Unfortunately, these behaviours increase the seriousness of the problem and may lead to deeper feelings of depression.

It is not unusual for people to feel depressed or anxious at some stage of their life – whether as a result of bad news, an argument with a friend, a misunderstanding at home or at work or sometimes for no reason at all. It is when the mood lasts over an extended period of time and when it interferes with a person's ability to function, that the problem may well fall into the category of being a mental illness.

A National Survey of Mental Health and Well Being of Australians conducted by the Australian Bureau of Statistics and published in 2008 found amongst other things:

- 45% of adult Australians will experience a mental illness at some stage in their lives, including alcohol or substance abuse disorders.
- Many of those who experience mental health problems will experience more than one mental illness at the one time, such as depression and anxiety, which commonly occur together.
- Three million Australians will experience a major depressive illness during their lifetime.

Many people pass off the feeling of depression as just having 'got out of bed on the wrong side' and will not face the possibility that their condition is something far more serious. It is important therefore that those affected recognise the signs of a depression. These include:

- Sadness or irritability
- Difficulty in concentrating; deterioration in school, home or work performance
- Lack of energy, enthusiasm or motivation
- Restlessness or agitation
- Changes in eating and sleeping patterns
- Sudden loss or gain in weight
- Feelings of guilt or worthlessness
- Reduced motivation
- Withdrawal from friends, family and previously enjoyed activities
- Suicidal thoughts or actions



'If left untreated, it may well lead to alcohol or substance abuse...'

Depression should not be confused with anxiety although they commonly occur together. People with anxiety disorders find it hard to cope on a daily basis, feel worried or anxious most of the time and find it difficult to calm down.

According to the national depression initiative 'Beyondblue', more than two million people in Australia experience an anxiety disorder each year. Women are more prone than men with one in three women and one in five men subject to an anxiety disorder in their lifetime.

The National Ageing Research Institute conducted a study on the treatment of depression and anxiety amongst older adults in Australia and published their findings in 2009. The study found that whilst there is ongoing debate as to whether depression increases or decreases with age, it appears that a formal diagnosis of depression is less common in older people than in the younger age groups.

In a 'Meet the Press' address to the National Press Club of Australia on 21 February 2007, MW Bro Dr Gregory Levenston, then Grand Master, combined with the Chairman of the *Beyondblue Foundation*, the Honourable Jeff Kennett, AC, former Premier of Victoria, in a pres-



entation titled 'Men's Health, No More Secrets'. In his address, Chairman Kennett said amongst other things '... we now have a situation where the community is giving depression and mental illness a priority it never had before. Every State and Territory is now putting money into mental health. The Prime Minister, of his own volition, put mental health on the COAG agenda and the last Heads of Government meeting in 1999.' Chairman Kennett went on to say '...we now have both a community priority and a political priority to an area of community life which had been fundamentally discriminated against because we were afraid to talk about it'.

The good news is that both illnesses are treatable. Treatment will vary from person to person; however, the most common forms are counselling, cognitive behaviour therapy, social intervention and anti-depressant medication. Cognitive behavioural therapy is particularly effective with older people whilst counselling and social intervention is widely used in relation to younger populations. Improvements in anti-depressant medications have reduced their toxicity and are now used in the treatment of older people but less often in young people unless severe depression is evident.

The most difficult part for a person suffering from depression or anxiety is to accept the fact that they have the illness and then to seek help. If a person thinks they are suffering from depression or anxiety, they should:

- Talk to someone they trust
- Ask for help
- Spend time with friends
- Participate in sport, activities or hobbies with a focus on positive outcomes and achievements.

Those who may be close to someone who is believed to be in a depressed mood or suffering an anxiety disorder, should:

- Suggest they visit their doctor or health professional and try to accompany them to their appointment.
- Assist them with implementation of the recommended treatment.
- Encourage them to take part in social activities.
- Discourage them from using alcohol or other drugs to try and feel better.

There are a number of organisations which provide information and assistance on depression and anxiety. They include:

Beyondblue

The national depression initiative:

www.beyondblue.org.au 1300 22 4636

Provides information on depression, anxiety and related disorders, available treatments and where to get help

www.youthbeyondblue.com

Beyondblue's website for young people – Provides information on depression, anxiety and how to help a friend.

www.beyondblue.org.au/ ementalhealthdirectory

An on-line directory of programs and services designed to provide help for people experiencing depression, anxiety or related disorders.

Lifeline

13 11 14

Provides counselling, information and referral

The Black Dog Institute

www.blackdoginstitute.org.au

The Black Dog Institute is a not-forprofit, educational, research, clinical and community oriented facility offering specialist expertise in depression and bi-polar disorders.

References:

National Ageing Research Institute – Depression in older age: A scoping study – Final Report September 2009

A Medical Journal of Australia – Andrew Mackinnon, Anthony F Jorm and Ian B Hickey

Australian Bureau of Statistics – National Survey of Mental Health and Wellbeing – 2008

Australian Bureau of Statistics – Year Book 2009/2010 – Mental Health

Beyondblue – The National Depression Initiative

The Black Dog Institute
The National Press Club of Australia – Transcript of

The National Press Club of Australia – Transcript of the 'Meet the Press' appearance by MW Bro Dr Gregory Levenston and The Honourable Jeffery Kennett, AC, Chairman of 'Beyondblue'





arried to Deborah for 30 years and with three daughters, Philip still manages to enjoy life with a boisterous family and an equally boisterous group of friends.

'I played as a rugby union breakaway at Waverley College and Sydney sub-district and most of the blokes I still mix with have retained their interest in the sport and enjoy a beer and a good laugh,' he said.

'Generally, accountants are regarded as boring and some of my friends who are chartered accountants won't change. I'm not and use my personality to enjoy life.'

Philip, who graduated with a Bachelor of Commerce, studied and enjoyed eco-

nomics at school, but commenced an engineering degree at university. Some of his close friends were in the commerce class and he thought it was better and joined them.

After graduating, he learned two of his schoolmates were based in London so he joined them and spent a year working and learning about Europe and people.

He began his work career as a chartered accountant which involved audits of merchant banks where the wages were better, so after three years he left the firm and joined the bank as an accountant.

'When I left my previous job I thought I would like to work for a charitable organisation and decided to apply to Grand Lodge. Keeping the finances here is not as easy as I thought because of the links with so many companies and associations,' he said.

'I've been here nine months and I'm still learning. It's not an easy position but I've had excellent support and help from the staff.'

Philip and his family like to travel and have been interstate, bringing in the Far East and New Zealand for holidays in recent years as the children grew older. He has put Hong Kong in his sights for next year.

But rugby and a casual game of golf (I'm a hacker) are still his main interests.

'I don't have any real interest in the theatre or the stage. My wife likes to go to the ballet and I'll go to the rugby or watch matches on the television. It keeps us both happy,' he said.





Triskai what?

It's either good luck or bad luck, depending on which way you look at **triskaidekaphobia**.

t derives from a Greek word and is commonly called superstitious, or fear of the number 13. And it just so happens that in July, for the third time this year, it will be Friday the 13th.

Most people these days laugh at the idea it will bring bad luck to walk under a ladder, break a mirror or see a black cat while thousands of others will queue to buy lottery tickets, back horse number 13 at the races, have a lucky horseshoe, look for a four-leaf clover or throw confetti at weddings. But it is still not unusual to see ships or buildings that do not have a 13th floor.

The idea that 13 is an unlucky number goes way back in ancient history and has been linked to gods of ancient Greece and Rome. One of the earliest references to 13 being unlucky or evil is from the Babylonian Code of Hammurabi (circa 1780 BCE), where the thirteenth law is omitted.

Triskaidekaphobia may have also affected the Vikings – it is believed that Loki in the Norse pantheon was the 13th god. He was believed to have been involved in the murder of Balder, god of truth and was the 13th guest to arrive at the funeral.

Superstition was first used in classical Latin in the first century BC and made its appearance as an English noun about 1420. Some of our best known sayings and behaviours come from secret languages, signs and symbols handed down over the years.

Animals also play a major role in superstition. The concern about a black cat crossing your path goes back to Egyptian mythology where the cat was idolised and became sacred to the goddess Isis. But it took on an occult status associated with the devil, transformed into witches and appeared as omens of misfortune. Dogs, through their barking and howling, are thought to sense the presence of ghosts and warn of approaching danger.

And if you go to have your fortune told, the 13th card in the tarot pack represents



death with a skeleton carrying a scythe.

But it is not all doom and gloom. The Aztec civilisation in Mexico in the 13th century built 13 steps up to sacred platforms on their pyramids and worshipped the 13 gods of the upper world.

In 1881, an influential group of New Yorkers led by US Civil War veteran Captain William Fowler came together to put an end to this and other superstitions. They formed what they called the Thirteen Club. At the first meeting, on Friday 13 January 1881 at 8:13 pm, 13 people sat down to dine in room 13. The guests walked under a ladder to enter the room and were seated among piles of spilled salt. All of them survived.

America originally had 13 States, the American flag continues to display 13 stripes and the American eagle has 13 feathers on each wing.

There are 12 star signs of the Zodiac surrounding the Sun which if added to the others makes a total of 13. Indians pay homage to 13 Buddhas while in the Jewish

faith 13 is a happy and sacred number, the Jewish prayer book contains Thirteen Principles of Faith and Jewish boys move into manhood at the age of 13 in the Bar Mitzvah ceremony.

So come Friday, July 13th, watch your step, don't stand on any cracks, keep your fingers crossed and you may have good luck all day.





Shani says 'thanks'



Shani Archer was a former successful applicant for the **Lorna Milgate Scholarship Trust**. This is her story.

would like to convey my sincere appreciation for the support your organisation provided during my university studies in 2004–2006. I was lucky enough to be awarded a continued scholarship at that time and it certainly helped me to satisfactorily complete my tertiary education.

It is a timely occasion to contact you since, as of February 2012, I have been working in my current role as an environmental scientist for five years. I thought I would take this opportunity to once again express my gratitude for the scholarship awarded to me and also provide you with a few details to what I have been working on over the last few years.

Currently I am employed at Cardno, an Australian-owned professional services provider encompassing a range of disciplines with offices across the globe. Originally an engineering firm, Cardno has since expanded from its head office in Brisbane to include a range of disciplines including environmental science, coastal and ocean science, transport planning and international development assistance.

I have immensely enjoyed my time working at Cardno, and have worked primarily on projects relating to natural resource management, environmental impact assessment, 3D environment modelling, computer-based ship simulation services and floodplain risk management.

I have a special area of interest in Geographic Information Systems (GIS), which is a form of computer-based cartography that involves not only the production of maps, but also the complex analysis and interpretation of spatial datasets (including natural features such as vegetation, topography and waterways, in addition to manmade infrastructure and utilities such as roads and buildings). As such, I have decided to further my tertiary education this year and plan to complete a Master of GIS and Remote Sensing at Charles Sturt University part time over the next three years. I am, so far, very much enjoying my next level of tertiary study.

The information following provides a brief description of some of the key projects I have worked on over the last five years:

Oxford Falls Regional Crown Reserve Plan of Management (NSW Land and Property Management Authority): A Plan of Management was prepared for a large network of Crown Reserves on Sydney's northern beaches. This involved substantial stakeholder consultation, data analysis in GIS, identification of management options, cost-benefit analysis and report and map preparation.

Brisbane Water Coastal Zone Management Study and Plan (Gosford City Council): This project included the identification and assessment of management options to balance the social, economic, environmental and governance aspects of a large estuary on the Central Coast of NSW. A climate change assessment of intertidal vegetation was conducted and included diverse GIS and mapping tasks to visualise the impacts of climate change on this intertidal system.

Darwin All Tides Access Ship Simulation (AECOM and Darwin Port Corporation):
This involved investigations into panamax,

cape size and LNG vessel navigation into Darwin Port and the INPEX channel. This project included the development of a 2.SD environment model and the completion of simulations at a facility in Darwin.

Botany Bay Waves Analysis (Blue Water Joint Venture): Involved the deployment and maintenance of instruments and sensors to measure currents at a site in Botany Bay. Quality control and analysis of environmental data was integral, and the preparation of data reports was also undertaken.

Pittwater Foreshore Sea Level Rise Mapping (Pittwater Council): This project involved the definition of tidal inundation extents and Foreshore Flood Planning Levels (FFPLs) for the Pittwater Estuary and the updating of Council's database of properties with foreshore flood risk. Investigations were undertaken – for water levels – both with and without projected sea level rise. FFPLs for all affected properties were defined based on water levels, physical processes and foreshore characteristics. Substantial mapping tasks were undertaken in GIS.



Echo from the past

It was like stepping back in time.

A lifestyle without cars, mobiles, roads, credit cards, computers – so different from today's world of noise, bustle and confusion.

It was an area of peace and quiet where a person could actually speak to their travelling companion without the need to shout.

There have been many stories and dreams about the idyllic South Pacific islands and the small land mass called Wala fits all of the requirements.

The visit was the last stop in a leisurely 10-days cruise on the 70,310 tonne P&O liner *Pacific Jewel* which sailed to Noumea, Lifou, Vila and then Wala.

Wala is a small island about one nautical mile north east of Vanuatu's second largest island Malakula. This serene island with pristine, palm-fringed beaches is home to about 300 friendly, smiling locals.

But up to one generation ago, those same smiling locals were fearsome warriors and cannibals and their reputation isolated and protected Wala and other nearby islands from the outside world, locking their culture in time and creating a living 'museum'.

The current dominant tribe is known as the Small Nambas, named for the style of a single dry leaf sheath and belt that men wear around part of their body.

Their way of life and traditions are explained by ceremonial dances, the women wear grass skirts and the men wear the sheaths. These dances are quite complex and involve superstition, initiation levels and funeral rites.

On shore you won't need a taxi because there aren't any, credit cards are not accepted and telephone facilities are not available.

There is still plenty to see, some handicrafts, food and drink for sale as you walk, talk and follow the trails to see the sights.

Being so remote and undeveloped, Wala is an interesting cultural and environmental island. It is great for snorkelling, dugouts are available to sail along the foreshore and the soft coral white beaches



It's so simple to
wander around,
explore the
landscape, the long
sandy beaches, caves
and grottos...

shelve down to clear warm waters.

The locals are very caring for tourists. We chose a shaded spot on the beach near the pier to relax until a local walked over and politely asked us to move.

Fearing we had infringed some tribal custom, we apologised but he replied by



pointing upwards and said: 'You are under a coconut tree. If a coconut falls, you could be hurt and we wouldn't want that to happen.'

Isn't that so different to today's modern world!

Lifou, which is part of the Loyalty Islands Province of New Caledonia, is the largest of the archipelago of coral atolls and is proudly Kanak in character.

Kanaks are Melanesians with a close affinity to their land and with a much bigger population than Wala. They do not have taxis but there is plenty of shopping, tours and beaches.

Ashore you are greeted by another unspoilt island, far away from the mainland and New Caledonia. The locals are not professional guides and don't speak fluent English but they do the best they can to provide you with an enjoyable tour.

Lifou doesn't rise very high out of the ocean. It is not mountainous but is made up of limestone, layers of raised coral built over millions of years and shallow soil which forms the base for a dense undergrowth.

This delicate combination reveals to the eye a beautiful island and a perfect destination to explore. The main industry is copra, the dried meat of coconuts, but tourism is becoming an increasingly important mainstay of the local economy.

It's so simple to wander around, explore the landscape, the long sandy beaches, caves and grottos where time is measured more by tides, sunrise and sunset than by clocks.

A guided tour bus goes to the Cliffs of Jokin for spectacular scenery or the Forest and Secret Grotto with demonstrations of traditional hunting techniques followed by delicious samples of fresh fruit. To relax, Luecila Beach is not spoilt by shops, bars and vendors stalls but is a postcard perfect curve of white sand, fringed by a lagoon and framed by palms and shade trees.

There is so much to see and so little to do on both islands that it was with reluctance we made our way back to the ship and returned to the world of today.



AUSTRALIAN POETRY SINCE 1788

EDITED BY

GEOFFREY LEHMANN & ROBERT GRAY

ost people have a handful of favourite Australian poets, and you can be pretty sure that they will all be found inside this book.

All of the big names are there, together with a fair number of little known and even anonymous poets, whose skills are clearly disproportionate to their renown. Some get just a few lines, while some of the big ballad superstars get a veritable section to themselves, with the allocation of page real estate being the net result of poetic skill, proliferation and (perhaps) popularity.

My first question to myself was 'What am I reviewing?' Certainly not the poems, for they have already proven themselves many times over. This leaves the quality of the selection, the short preamble on each of the poets gathered, the readability of the book and – here comes the ethereal part – the feeling it leaves you with at the end.

Poetry is 'art with words'. To anyone who has ever studied a foreign language, its poetry is the pinnacle to which we should aspire, for it requires a seemingly effortless reach of the full breadth of its vocabulary to enable the wordsmithery required to ply the art.

Before any page is ever turned, the writer's experience in the field always determines the credibility of the work within, and in this case the editors are not found wanting in the least. Geoffrey Lehmann has published seven previous

It's a big book.

You don't meander over to a park bench at lunchtime with this one.

It needs a table.

collections of poetry, and currently writes as a literary reviewer for *The Australian*.

Robert Gray is right up there with him, having eight books of poetry on his resumé, together with an impressive list of awards and prizes. His work was a set text in final high school examinations in NSW and Victoria for many years.

This book is their third collaboration on Australian poetry, and yes, each have poems in the book.

One of the most pleasant surprises I had was with a couple of songs presented in their original Aboriginal tongue. I confess to first wondering why on earth they

would be included, but then I tried to voice them. I found that – in the same way one doesn't have to understand what's being said in opera in order to enjoy it – the words in these indigenous songs held an intrinsic melody that was released by its utterance.

If I have but one criticism I would point to the book's lack of 'comfort'. It's a big book. You don't meander over to a park bench at lunchtime with this one. It needs a table. I even wonder if it should have gone to two volumes. There is a size threshold beyond which a publication becomes a reference book rather than a casual read.

Having said that, the quality of its manufacture is second to none. The binding, paper quality and standard of printing is quite beautiful. Even the typographic arts have been studiously observed, with the use of fonts, spacing and off-white paper making it extremely easy on the eye.

As with all art forms, there were some



IN SUMMARY

IS IT ANY GOOD?

You'll struggle to find a better compendium of our Nation's linguistic arts.

IS IT WORTH THE PRICE?

I've seen books of half the quality for double the price. This piece is a veritable bargain.

THE FEELING AT THE END?

With a book this size the end is a long time coming, but I'm sure you'll close the book with a contented smile on your face.

pieces that were completely beyond me, but that's no different to wandering through an art gallery. Some you love, some you just keep walking.

One particular smile point: That old stalwart Barry Humphries makes an appearance, and you can't stop yourself from hearing his voice as you read. His 'Ode to the Nine by Five' relates to an important time in Melbourne's artistic history, and 'The Pavlova Stamp' should be read using the voice of Dame Edna herself.

Review prepared by Bro Terry McCallum.

Title Australian Poetry Since 1788
Edited by Geoffrey Lehmann and
Robert Gray

Published by The University of New South Wales Press Ltd

ISBN: 978 174223 263 8

Hardback, 1,108 pages RRP: \$69.99

Available at all booksellers and MoF shop info@mof.org.au

Megachange

The world in 2050

What do the next four decades hold in store for humanity, the environment, the economy, science, medicine, religion and technology...?

n 2050 there will be 9.3 billion people alive – compared with 7 billion today – and the number will keep rising; the population aged over sixty-five will have more than doubled, to more than 16 per cent; China's GDP will be 80 per cent more than America's; the number of cars on India's roads will have increased by 3,880 per cent. And, in 2050 it should be clear whether we are alone in the universe.

Let The Economist improve your vision

What other megachanges can we expect – and what will their impact be? This comprehensive and compelling book covers the most significant trends that are shaping the coming decades, with each of its chapters elegantly and authoritatively outlined by the UK *Economist* contributors, and rich in supporting facts and figures.

MEGACHANGE 20–50 charts the rise and fall of fertility rates across continents; how energy resources will change in light of new technology, and how different nations will deal with major developments in science and warfare.

MEGACHANGE 20–50 is essential reading for anyone who wants to know what the next four decades hold in store and to keep on top of the sweeping, fun-



damental trends that are changing the world faster than at any time in human history.

Daniel Franklin is Executive Editor of the prestigious UK published newspaper *The Economist.* with support contributions from 20 well credentialed authorities providing fascinating insights into what the coming decades will bring.

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ARP: \$32.99

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Who cares?

With the ageing population and the growth of the health and community sector, there is a need to make sure a knowledgeable, skilled aged care workforce is available now and into the future. **Who do you want to look after you as you age?**

he Whiddon Group is a provider of residential and community aged care services in NSW. Over the 64 years of its operation, there have been dramatic changes in the aged care industry - from its origins as a cottage industry largely based on the charitable works of groups and organisations such as the Freemasons, to its development as an integrated part of the health care system in Australia. This evolution has seen better standards of service and care, and key changes in the market such as greater acuity of clients, the growth of illnesses such as dementia, and consumer demand for greater choice.

As a service industry, ultimately it is the people who work in aged care, the aged care workforce, who deliver the standards of care and guide the experiences of the consumer. The challenge for any employer, in the aged care industry or otherwise, is how to make sure that each employee is able to deliver the standard of service required by the organisation and expected by the consumer. This is particularly relevant as baby boomers begin to experience aged care services, either as clients themselves or as family members sourcing care options for mum and dad.

For The Whiddon Group this is ongoing work. We are very fortunate that we have a committed workforce who are passionate about what they do. However, passion is only part of the equation. Like other aged care providers, the challenge is to engender a learning culture, a commitment to lifelong learning. This is the only way that the standard of excellence expected by the consumer can be maintained. It's also why any aged care provider needs to be innovative about the way this culture is created. The aim is to get the most out of what is available - to utilise resources in the best way possible to get the best outcomes for staff and ultimately



clients. It's the old concept of how do we get bang for our buck.

A learning culture needs to operate from the top down. While a leader might be born and not made, improving the quality of the leadership team is vital to success and leadership traits can certainly be developed and nurtured in the right individuals. The Whiddon Group's Leadership Program has seen over 40 managers, deputy managers and talented potential managers gain the skills to become the leaders of tomorrow.

With the right management team in place, it's about upskilling the workforce to meet the needs of consumers. This means taking advantage of government support and funding and creating internal learning programs that support the development of a consumer driven workforce.

The Federal Government has made considerable funds available through the National Workforce Development Fund. In 2011–12 alone \$25 million is being channelled to sectors identified as having acute skills pressure – aged care is one of these industries. These funds are used for traineeships and to upskill the aged care



Karl Amos receiving the VW Bro George Albert Gow Gates PDGIW Scholarship. Karl commenced as an Assistant in Nursing and has been supported by the organisation to become a Registered Nurse.

workforce. While The Whiddon Group promotes Certificate III and IV qualifications for nursing staff, it's not just nursing staff who are up skilled. Over the last three years, over 80 staff across the organisation have completed their Certificate III in Hospitality. These employees are cleaners,



catering staff and laundry staff – the staff who are often forgotten in the up skilling process. The majority are women over 45 years of age, and it's not uncommon for their last experience of the classroom to have been 20 or 30 years ago! It's amazing to see fear and trepidation about whether they can 'learn' in this formal classroom setting turn to pride and confidence on the day they graduate with their qualification.

Traineeships are complemented by the Scholarships Program, where employees can access financial assistance to complete university or TAFE Diploma level qualifications. We've seen a number of committed Assistants in Nursing go on to become Enrolled or Registered Nurses. We've seen Leisure Officers study diversional therapy degrees and administration staff study accounting or human resources. Since 2003 nearly 90 employees have accessed scholarship funding which has enabled them to gain valuable qualifications that might otherwise have been difficult to obtain.

That second set of tools

continued from page 10

Diligently applied together, they enable the Craftsman to construct his own private temporal building, 'one not made by hands, eternal in the heavens', the ultimate hope of Freemasonry.

To further quote Rev Dr Newton: 'What do you desire most? To walk in

the Light, to know the Truth, to live in the glory of an illuminated world, to ascend the winding staircase of knowledge to wider outlook and a greater freedom of mind, to be taught the seven arts and sciences of man and how to play the divine music on the harp of the senses, to enter the Chamber of Imagery where the symbols of God hallow our mortal life, casting over its days and fleeting hours an august memory and eternal hope.'

A key component of the aged care workforce is the Registered Nurse, and the challenges of recruiting and retaining Registered Nurses is well known. To complement the existing scholarships program, a partnership was formed with the University of Tasmania in 2011. As part of this partnership we are able to support Registered Nurses to move into aged care. The program is open to new graduates and Registered Nurses transitioning from other sectors such as public and private

hospitals. Over 25 Registered Nurses have been able to access this valuable program.

Ultimately the success of any organisation's learning and development initiatives is measured as outcomes for the consumer. As the industry learns more about the consumer and our emerging role within the health and community care sector, a qualified, professional workforce, with a large splash of passion, can only benefit the consumer to create a more positive and fulfilling experience of ageing.



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Name Badges

The Homes are able to provide name badges for brethren of a number of different Orders including Craft Lodges, Royal Arch, Rose Croix, Secret Monitor – all with the appropriate insignia.

Name badges for other organisations are also available.

Ladies' name badges with a magnetic clip are available	\$13.00	
Styles of badges are as follows:		
1 line (name only)	\$7.70	
2 lines (Lodge and name)	\$9.90	
2 lines (as above) plus square and compasses	\$13.00	
Serviettes – Craft/Chapter	\$10.00	

Inquiries for name badges and serviettes – contact Renee Adams on: 9827 6623 or fax: 9827 6699

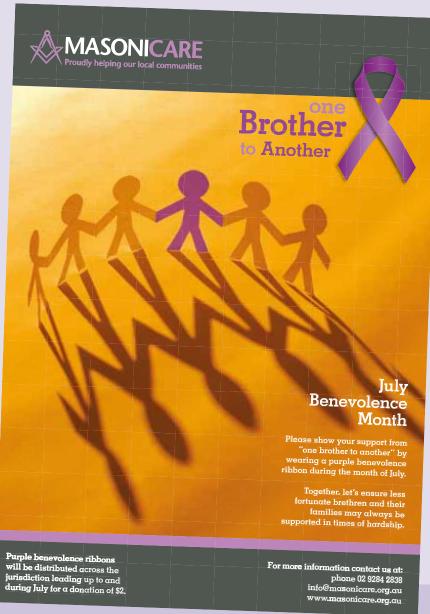


Benevolence month

Show your support for your fellow brethren by purchasing a purple Benevolence ribbon for \$2 during Benevolence month in July. Benevolence month is an annual Masonicare initiative to help create support and awareness of benevolence amongst Freemasons and their families.

ll money raised goes directly back to brethren and their families to overcome difficult times and financial hardship. Over the past 18 months Masonicare's Benevolence program has assisted over a hundred individuals and donated more than \$86,000 to masons and their families in NSW and ACT.

Leading up to the month of July we will be selling Benevolence ribbons within lodges across the jurisdiction. Please support this worthwhile cause and purchase a Benevolence ribbon so that less fortunate brethren and their families will be comforted in the knowledge that masons will always be there for them.



Bequest request

Masonicare has a Bequest Program which is designed to encourage the masonic community to donate through bequeathing money and/or assets.

All funds bequeathed to Masonicare go directly to support Freemasonry and our local communities through our trusted charitable programs.

Making a Will ensures that your estate is distributed in the way that you would

like. Many people like to leave a lasting legacy by supporting a charity after the needs of their family have been met. A gift in your Will, no matter what the amount, will help support Masonicare efforts over the coming years and would be greatly appreciated.

Please contact us directly for further information about how you can make a bequest to Masonicare.

\$823,033

Local

Community

Projects

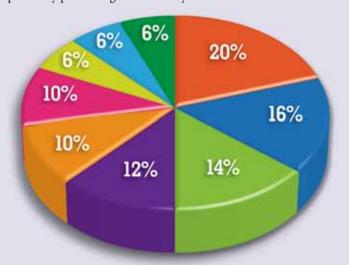
Freemasonry making a difference

Freemasonry is making a big difference in our local communities. Over the past 18 months, through our combined efforts, Masonicare and the NSW and ACT Freemasons have donated over \$1,109,033 to hundreds of causes.

These include:

- Disaster relief
- · Assisting brethren and their families in need
- Local community projects and charities

As Freemasons, we should all be very proud of our efforts. Masonicare would like to thank each and every one of you for your invaluable contribution in assisting those in need and positively promoting Freemasonry in our communities.



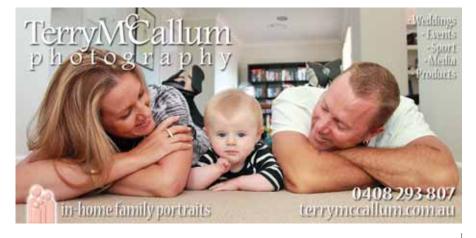




Benevolence

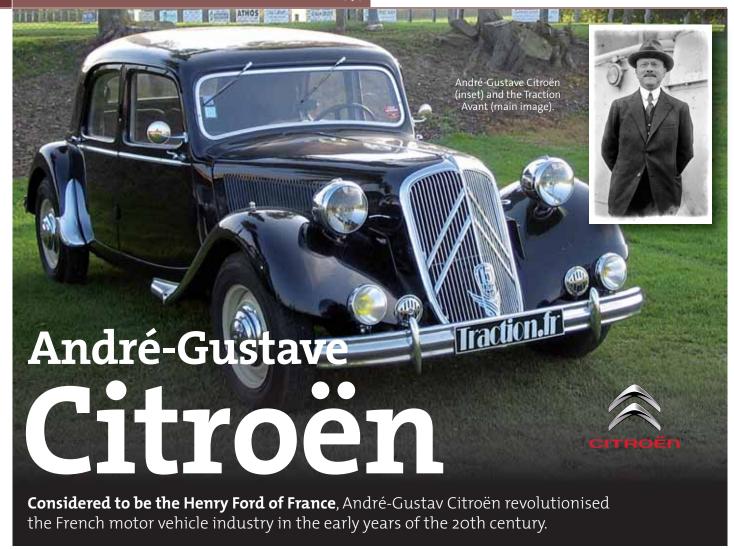


them have been Sir Winston Churchill (one of Great Britain's greatest Prime Ministers), J Edgar Hoover (founder of the FBI), Fiorello Laguardia (three-time Mayor of New York city), King Hussein (King of Jordan and a Past Grand Master) and Kalakaua (King of Hawaii).



Aged Care





e created affordable massproduced vehicles for the general public that were noted for their design innovations, concentrating on the comfort and practical needs of the drivers and less in the general vehicle industry priorities on style.

Citroën is remembered for daring engineering and business ideas which helped to bring Europe into the consumer and technology age. His ideas and influences survived through successive take-overs and mergers of his Citroën automobile company in such a way that current Citroën cars owe far more to his expertise than most other companies inherited from their creators.

He was born in Paris on 5 February 1878, the fifth child of Jewish parents, Levie Citroen and Mazra Kleinmann from Amsterdam. The family wealth came from the diamond trade, but was lost in an investment scam. Despite his parents' demise when he was six, he was an excel-

lent student, and graduated from the Lycée Louis le Grand in 1894. Academia did not interest him, so he became an engineering officer in the French army.

Citroën married Giorgina Bingen and they had four children; Jacqueline 1915, Bernard 1917, Maxime 1919, and Solange 1925. He was a member of Lodge la Philosophie in Paris.



During an army leave period, he visited some relatives in Ludz, and there developed a steel gear drive to replace the existing wooden ones used in the cotton mills. On his return to Paris he developed the gear further and patented it, being so successful that he set up his own company to develop and manufacture gears and gear drives. One set of gears he produced was the steering gear for the ill-fated ocean liner. *Titanic*.

On the outbreak of the First World War he was drafted to the French artillery, where he proposed a new factory to mass produce ammunition which was in limited supply. The French government provided the resources to establish the factory in Paris and it was so successful the whole French ammunition manufacture followed his lead. He also secured a regular supply of coal for industry and developed ration cards to provide fair food distribution to the civilian population.

When the war ended, Citroën planned an affordable and practical car similar to those produced by Henry Ford. He commenced manufacture of his Type A car in



1919, featuring an electric starter, lights and an efficient four cylinder engine which produced a top speed of 65 kilometres per hour. Citroën cars were the first in Europe to be assembled completely in the factory and in 1920 Citroën became the leading car manufacturer in Europe.

Citroën extended the range of vehicles, and was the first to offer test drives. He created his own insurance company, offering low rates to Citroën owners to relieve their financial concerns. He was also a daring promoter who staged exciting tests and stunts to prove the quality of his cars.

During these years Citroën continued to develop his production methods and cars. Passionate about innovation, he invested large amounts of money buying patents and developing new ideas but his heavy gambling ran down company funds.

He introduced a revolutionary passenger car, the Traction Avant or TA 7. This was the first passenger car with front wheel drive, hydraulic brakes and an overhead valve system. The demonstration of this vehicle was a disaster, as its transmission collapsed, and dashed all hope of Citroën's ability to keep the company viable.

In the 1930s his creditors requested the French government to declare Citroën bankrupt and accept control of the

company. One of these, the Michelin Tyre Company took over the automobile company in 1935 and forced Citroën to retire. He became despondent at losing his company and died of stomach cancer in Paris on 3 July 1935. He was not aware of the amazing success of his TA 7 car, which was so popular that it continued production for over 20 years.

Subsequently the Citroën car company underwent a number of changes, including a merger with Peugeot in 1974. The spirit of Citroën, however, has continued throughout, maintaining the aspiration to produce innovative designs for the discriminating purchaser. 🛝





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(Normally \$995)

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The Ashlars

Do you know what ashlars are? Look at the photos of ashlars from lodge rooms 2, 3, 4 & 5 at the Sydney Masonic Centre. They are not all cubes, although most, if not all, ashlars outside Grand Lodge are. **The question is, should they be cubes?**

he rough ashlar is an axe-trimmed, roughly squared stone as taken from the quarry that approximates the shape of the stone that is needed. To us, as Speculative masons, it represents the new Mason: good quality material that has been closely examined and accepted, but still needs the rough edges removed and a polish applied.

The perfect ashlar is the ultimate stone, perfect in all its parts, its angles and finish. To us it represents the goal of our life, our striving for perfection. Note that the rough ashlar already contains the perfect ashlar within it but an artist is needed to extract it – to remove the knobs and excrescences, and to achieve the desired degree of finish that only education and self discipline can achieve.

Every mason is working on his ashlar

Is any ashlar truly perfect? Does any mason ever truly attain perfection? In the loneliness of his own mind each man must face that question and truthfully and honestly face the reality before he is judged on high. Even if perfection is not attainable we should never stop striving for it, always trying to improve. No wall ever made was composed of perfect stones, but still they stand as a monument to the builder and an inspiration for future generations. The imperfections of one stone are balanced by the imperfections of another and evened out.

In some jurisdictions the rough ashlar is placed in front of the Junior Warden, or on his pedestal, to represent work at high-noon, or, if you will, work-in-progress. Similarly the perfect ashlar is placed in front of the Senior Warden, or

On the question of cubes, one should remember that few, if any, walls are actually made from cubical stones but that should not diminish our interest in their moral application. Actually, in former times, a 'perpend' ashlar was used to bind the fabric of a wall together. This was a squared stone but its three dimensions were all different. The stone was laid with its thin dimension uppermost or perpendicular, hence 'perpend'. It no longer features in our ceremonial or moralising which was a regret to Bernard Jones as the aspect of working with and binding the other stones together is now ignored.

When next you enter a lodge room and take your seat, consider the ashlars. Mark the work that has gone into them and consider the work you need to do. Think of the tools that have been applied to each and consider



...the rough ashlar already contains the perfect ashlar within it but an artist is needed to extract it...



- call it his Master's piece if you will - striving to attain the degree of perfection needed, removing his passions and prejudices along the way. Paradoxically, every mason is both the material and the builder and, ultimately, the High Priest in the Temple that he has created. It is in that Temple that he returns to God. We all seek for that which was lost, the direct interface with God, lost when mankind was expelled from the Garden of Eden.

on his pedestal, to represent the work at the close of day, that is, finished or ended and ready for presentation.

Before the advent of the printed bible, it had been said that the operatives had their candidates kneel on a rough ashlar when taking their obligation and placing their hand on the perfect ashlar, the symbol of perfection. Thus it can be seen that the ashlars were always meaningful to masons and were used for moralising upon.

that each and every working tool has been utilised to achieve the finished stone from the planning and design stage to the final application of smoothing and then the actual measurement and proving of its perfection.

The message from this is that from start to finish, we need the full range of tools if we are to be the stone of perfection, for it to take its place in our Temple. We need to employ them all, if not physically, then morally.

Wu-JiChuan and Freemasonry

Since my initiation into Freemasonry and as I gain experience within the Craft the more parallels and similarities I find with one of my other interests in life and that is my interest in Wu-JiChuan.

u-ji is a traditional Chinese system of exercises based on the principle of using correct breathing, rhythmic movements and full concentration to promote health and vitality.

Wu-JiChuan has been one of the true constants in my life for over 25 years now. My interest in the Craft is relatively new compared to Wu-Ji. I have only been in the Craft for just over three years. So in reality, I suspect that my vision of the Craft is still 'wide-eyed'. Not that I think that is a bad thing; I am just stating a simple perspective.

Wu-ji is claimed to be an ancient Art; some claim that it dates as far back as 2000 BC. However, the first documented mention of the Art dates to Hua Tuo's 'Five Animal Play'; circa 200 AD. It finally found its home at the Shaolin Temple in Songshan, Henan Province, China. So besides its antiquity what other parallels do I perceive? It was only taught to deserving Monks, it represents a philosophical system that aims to improve not only our health but our overall interaction with the world at large. In order to progress; rigorous training and tests are required, its ethos represents the highest qualities and values that a human being can attain and much of its lessons are taught via allegory and symbolism.

There are also some parallels on the physical aspects; in Wu-ji a practitioner learns a set of specific movements that are known as 'toulu' or 'characters'. In Freemasonry the Freemason learns perambulations that are specific to each degree.

What about the mental aspects? In Wu-jiChuan mastering a toulu or character requires a perseverance and constant practice in order to memorise a toulu. In Freemasonry the learning of charges and perambulations also require a great deal of perseverance, practice and an excellent memory.

A Freemason starts his life in the Craft as an Entered Apprentice. In Wu-jiChuan, traditionally the student became an apprentice to a Master and was passed the Art's secrets over the term of the indenture.

So given all of these parallels, when I found out that our Jurisdiction's Grand Lodge was promoting a Men's Health program, I thought to myself "this is a marriage made in Heaven!". The then DGM, RW Bro Derek Robson was in charge of the program and so I approached him with the idea of running Wu-Ji classes for Freemasons. Now the current Grand Master, MW Bro Robson, encouraged me to develop a program. I mentioned this to our AGM R W



Bro Mehanna and he suggested it would be great as a program under the STEP Team's sponsorship. Fast forward to Sunday 22 January 2012 and what had started as a thought, became a reality. On this date a group of Freemasons including our AGM and a Grand Steward, family and friends gathered at Gordon West Public School for a whole day seminar on Wu-JiChuan. I could not have been happier!





Have your say

...not fade away

Reading the autumn issue of 'NSW Freemason' gave me particular pleasure because it proved that the Craft in NSW and ACT is far from fading away. Though I now live in Jerusalem, I keep in touch with Masonic activities in NSW and ACT. I greatly enjoyed being part of the program of the last Australian Masonic tour of Israel and I look forward to the 2012 tour. Apart from my book on Freemasonry which was published by the Museum of Freemasory in 2010, I have just completed a new series of essays, 'Education by Degrees', which I hope will be published in NSW within the next few months.

RW Bro Raymond Apple, AO RFD PDGM



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Universal Masonry

I was honoured and privileged to be the official representative of the Province of Essex (UGLE) at the Grand Installation of RW Bro Bob Jones at the Dallas Brooks Masonic Centre, Melbourne on Friday 23 March where there were approximately 1,200 people in attendance.

The Installing Grand Master MW Bro Vaughan Werner, accompanied by the Grand Officers of the Victorian Jurisdiction, entered the Hall. The interstate and overseas Grand Lodges which comprised their Grand Masters and delegations were then received. Truly an Australia wide and antipodean flavour.

The newly Installed Grand Master was Proclaimed in ancient fashion and addressed the assembly in a light hearted and sincere manner. After Grand Lodge was closed, I returned to the Robing Room which was used by the United Grand Lodge of NSW and ACT where I met the senior brethren from NSW. I appreciated they took time out of their busy schedules to talk to me.

The Installation was videoed and streamed around the world on the internet with reports coming back to Victoria that people in the USA, Asia and Europe had been watching the internet feed.

As an ex-pupil of the Royal Masonic School in the UK, and the secretary of the Old Masonians Association in Australia it gave me a sense of pride in the ceremony and what the brethren had done for me and countless other people with masonic love and relief. Truly, Masonry is universal.

W Bro Stephen BlinkhornLodge Carnarvon No 172 and
Templewood Lodge No 7424

Have a care

As a Caring Officer, I enjoy fulfilling that office and have been to two training seminars despite being 90 on my next birthday. We have about 26 (wonderful) widows on our Caring list and the Lodge

Have you changed your address?

'No longer at this address', 'Does not live here ...'

ed Grand Lodge of RSW to IRCT are IR299, Sydney South, RSW 1229

These words have been common after recent issues of the NSW Freemason with the large number of magazines returned because the addressee is no longer there.

This results in members missing the issue because they have moved and have failed to notify their lodge secretary and this change of address has not been notified to Grand Lodge.

It is essential that postal records be kept up-to-date and members are urged to notify any change of address to their secretary or check and update their details in the Grand Lodge members website.

also cares for a couple of orphans. To me, it has been a wonderful experience going from an Entered Apprentice to Master, starting off being led the right way, then to be a leader among men who will still be keen for you to go further in your search for brotherly love, relief and truth. My days may be numbered but I want to put that time in to being useful and help others. Although I have physical problems, I have good brethren to see that I get to the meetings and rehearsals. Thanks to those who publish a great journal, this is the first time I've ventured to send in my thoughts.

VW Bro Rusty Russell OAM Lodge Epping No 390

Masonry abroad

I attended my first Masonic meeting in South Africa in February when I was present at the Installation of Lodge Alpha under the South African Constitution. It was also the 50 years re-dedication of the Lodge and the presentation of a 50 year Jewel to one of the members. Because of its importance, officers from the Grand Lodge of South Africa were present, an event I have yet to witness in its full splendour in



NSW. More than 100 members and visitors were present including Masons from England, Scotland, Ireland, Holland, France and South Africa and it was eye-opening to see the different regalia. I was a sword bearer for the occasion and the welcome received and the brotherhood experienced really showed me that Free and Accepted Masonry is really underpinned by fraternal love. Lodge Southern Cross was my sanctity in Sydney and something I thought was absolutely isolated. To find out that although it is different around the world and can never be the same, we are free and accepted by our universal brothers. I cannot wait to return to my lodge to share my experiences with my brethren.

BRO ROB ASHDOWN Lodge Southern Cross No 91

Bro Rob Ashdown, who was initiated in Lodge Southern Cross in September last year, recently returned to Africa for business reasons. This was his first Masonic meeting in another country.

Oh, brother

I have visited lodges throughout Australia and overseas. I have noticed that in many jurisdictions a mason is addressed as 'Brother' unless he is actually occupying an office - and in those cases the honorific RW or VW appears to apply to the Office - not to the Man.

Do we in NSW and the ACT accord more importance to 'respect of rank' than to 'fraternal equality'?

RW Bro Richard Dawes Lodge Wahroonga No 674



This column is intended to answer the most **frequently** asked questions about Freemasonry. If you have any questions, please send them to the Editor.

- O: We have been asked many times whether Freemasonry is a religion.
- A: The answer is 'No'. It is not a religion nor is it a substitute for religion. It has no theological doctrines, offers no sacraments and does not claim to lead to salvation. Freemasonry admits men of all religions who believe there is one God and reminds them they should base their life and morals on His teachings. Within the lodge, discussion of religion and politics is forbidden as it could lead to argument. There is nothing whatsoever in being a Freemason that conflicts with a member's religious beliefs and practices. The essential tolerance and respect of Freemasonry is that men might meet together in peace, love and harmony.

Q: What do Masonic Symbols mean?

A: The most widely recognised symbol of Freemasonry is the Square and Compasses. Members wear the symbol to remind themselves of their obligation to the lessons learned in their lodge and to identify their membership to other Freemasons and all people. Masonic symbols have wide meanings - some directly relate to the tools used by operative masons and some represent the need for order and direction in life.



still attached. Also looking for a Lewis, Working Tools and Swords. Ph: David B Walker, Lodge Saratoga

About 50 old aprons with the snake clip

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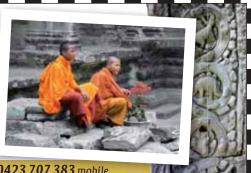
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Masonry on the Titanic

A great deal of publicity has been made about the sinking of the passenger liner Titanic during her maiden voyage at 2.30 am on 15 April 1912 and the fact that this year will be the 100th anniversary of that tragedy.

elfast, where the ship was built, has been planning towards this anniversary for the past five years and there have been numerous articles, television features and special building projects in Belfast about the Titanic.

But very little has been said about the strong masonic ties with that

Of the 2,223 passengers on board, more than 1,500 died due in part to the lifeboat capacity being for only 1,170 people. The ship was consid-

ered to be unsinkable.

disastrous event.

The Director of the Library and Museum of the United Grand Lodge of England investigated the stories of known Freemasons on board the ship but the records do not show any masons from New South Wales who were victims of the voyage.

Among the English members who perished was the managing director of the Vacuum Oil Company, Howard Brown Case, who was establishing operations in England. He had lived at Ascot with his wife and four children, was travelling in a first-class cabin,

and died helping others into lifeboats. He was a member of America Lodge No 3368, having joined in June 1909.

Percy Cornelius Taylor, a cellist in the ship's orchestra, was a Past Master of Musgrave Lodge No 1597, meeting at Hampton Court. He died aged 32, together with the rest of the orchestra. Two stewards based in Liverpool, Robert Arthur Wareham, 36, from Toxteth Lodge No 1356 and Arthur Lawrence, 35, from Neptune Lodge No 1264 also died.

Henry Price Hodges, a 50 year old salesman of musical instruments from Southampton and a second-class passenger,

was a member of Caulsentum Lodge No 1461 and the Royal Gloucester Lodge No 130, died. Pierre Guiseppe Boche a 43 year old waiter, originally from Aosta in Italy had moved to London. He was a member of Loggia Italia No 2687 and Columbia RAC Chapter No 2397.



One Freemason who survived was the Third Officer, Herbert John Pitman, a member of Abbey Lodge No 3334 in Hatfield. He helped to load and lower a lifeboat, and rowed it to a nearby ship, Carpathia. He returned to the sea in other liners, and served in the Merchant Navy during the Second World War.

Four American casualties were recorded. Henry Harris, a New York theatre manager, was a member of Munn Lodge No 100; Frank Millet, vice chairman of the Fine Arts Committee in Washington DC, and a member of Kane Lodge No 454; Alexander Holverson was a member of Transportation Lodge No 842; and Oscar Scott Woody, a clerk in the ship post office, and a member of Acacia Lodge No 16 in Virginia.

Obviously some other Freemasons either survived or perished on the *Titanic*.

Evewitness accounts of the drama were

conflicting. Almost all of the survivors in the lifeboats stated that the ship did not break in two as it sank, but a minority claimed that it did. This minority appears to have been justified when the wreck was discovered in 1985, as two sections were on the sea bed. Conflicting accounts were given of the music played by the orchestra as the ship went down, but it is considered most likely that the last piece was 'Nearer my God to Thee', played by the leader of the orchestra, Wallace Hartley. He finished the piece, replaced his violin in its case, which he strapped to his chest as he was engulfed by the sea.

Many variations have been made of the hymn over the years, but it was the one best known by Hartley that he would have played. He knew

the tune 'Propior Deo' written by Bro Sir Arthur Sullivan and included in the Methodist Hymn Book. 🔨

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Tip Card #11 Gratitude or giving thanks

AIM – Practising gratitude or giving thanks and acknowledging the blessings in our lives, and making it a point to recognise the good things in our lives can change us for the better. As our lodges are the amalgam of the members it is probably true to say that a lodge takes on the persona of its members.

Target

Why we should take a 'gratitude check' to see if our lodge can attain a better 'quality of life': become happier, more enthusiastic, more masonic, by practising gratitude, by giving thanks.

Reasoning

Recent university studies have proven that 'feeling' or 'expressing' gratitude plays a big part in our physical and emotional wellbeing. People who focus on gratitude are happier than those who don't and people who give thanks see their lives in more favourable terms! Studies have also shown that people who are consciously grateful are more optimistic, more energetic, more enthusiastic, more determined, more joyful, have fewer illnesses and sleep better than those who do not practice gratitude. They are also seen as being more helpful towards others, more pro-social and more compassionate. They are, simply, happier.

Is your lodge a happy lodge? Is it as vibrant, energetic and enthusiastic as it once was? Is it a happy part of your life and do you still enjoy going to lodge as much as when you joined or do you just go to lodge out of habit, for something to do once a month? Do you still go?

If the answer is yes, mine is a happy lodge, you should be grateful and give thanks (yet again) because you and your fellow brethren have made it so!

If your answer is no, we are not happy any more, you should get together with your brethren and examine the reasons why; because, once again, you, the members, have made it so. Maybe it is time for you and your fellow members to take a 'gratitude check' within your lodge.

Giving thanks takes just a few minutes of your life each day, even less in lodge, but it requires consistency and an open mind and dedication. It is a discipline.

Methodology

Ask yourself the following questions: Have you shown your gratitude, given thanks for what Masonry has given you over the years? Does your lodge still actively 'practice' Freemasonry or is it now just a social club? Are you blaming Grand Lodge, other lodges, or someone/something else for your lodge being unhappy? Grateful people are less depressive, less envious, less anxious and much more likely to help others and we also know helping others makes people feel good and the positive feelings continue, creating even more good feelings. Is your lodge still a helping, giving lodge?

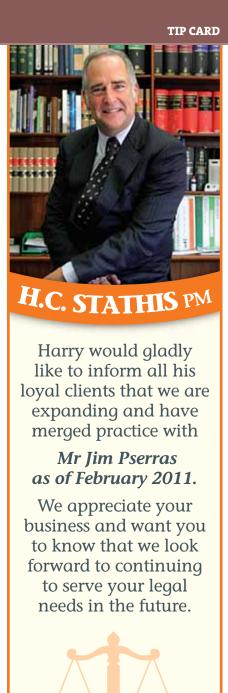
We should also ask: 'What can I do for my lodge?' not: 'What can my lodge do for me?' Remember, it is the members that make a lodge - the lodge is the members. Happy grateful members equal a happy vibrant lodge!

Conclusion

If your gratitude check indicates that your lodge is not as it once was give thought to how you will overcome this and take steps to correct the situation so that you and all your members will feel good about being a mason again.

Don't be grouchy, be happy, give thanks. Don't blame your ageing members for an unhappy lodge. The state of mind is the problem, not the age!

Footnote: The short prayer, grace, said before a meal, wherein we give thanks for what we are about to receive emanates from the word gratitude – from the Latin 'gratus' meaning 'thankful, pleasing'.





His new address is:

Suite 1/22-26 **Memorial Avenue** Liverpool

Tel: 9600 8155 Fax: 9601 8938 Mob: 0415 266 056

harry@pserraslawyers.com.au



Royal Freemasons'

YOUR CHARITY AT WORK

Why we need your support

Royal Freemasons' Benevolent Institution was founded in 1880 to provide assistance to the aged and needy.

Today we operate quality aged care services in 22 locations throughout NSW and the ACT. We also provide help to those in need through our Annuity Scheme and Benevolence Assistance Program.

RFBI prides itself on its Masonic Values and continues to assist those in need. You can help the RFBI support those in need with a financial donation.

Donations over \$2 are tax deductible free of all administrative charges.

Together we can build a better future.

Freemasonry in Action



Telephone: (02) 8031 3200 - Email: admin@rfbi.com.au

Street address: Level 7, 175 Castlereagh Street SYDNEY NSW 2000 - Postal address: PO Box A2019, Sydney South NSW 1235

www.rfbi.com.au

ACT - Holt Pearce **NSW** - Armidale Basin View Bathurst Glen Innes Goulburn Kootingal Kurri Kurri Lake Haven Lakemba Leeton

Benevolent Institution

WE ARE MORE THAN AGED CARE

Where your support was applied

RFBI Annuity Scheme

- Providing ongoing financial assistance to those in financial distress through monthly financial payments.

RFBI Benevolence Assistance Program

- Provide one off benefits to Charitable Organisations

Can Assist - Dubbo	\$ 10,000
CANA Communities – Sydney	\$ 10,000
Open Door - Glen Innes	\$ 48,000
Maitland Suicide Prevention	\$ 5,000
Griffith University - Alzheimer's research	\$ 100,000
Vision Camp - for sight impaired kids in New England	\$ 6,000
Warringah Women's Resource Centre	\$ 15,000
Forsight Foundation - support for deaf and blind adults	\$ 64,000

RFBI provide benefits to Individuals in hardship

- Custom Built Wheelchairs
- Surgery Assistance
- Specifically designed chairs and beds
- Portable Insulin Pumps
- Home modifications
- Travel expenses for hospital visits
- Mobility Aids
- Portable Oxygen Machines

All donations and bequests received are expended through our Annuity Scheme and Benevolence Assistance Program.

Bellingen Berry Cessnock Coffs Harbour Concord Dubbo Moss Vale Newcastle Raleigh Roselands Tamworth West Wyalong



Yvonne Schramme with Jenny Sturrock,

here were 130 contestants from nine countries with many hundreds of onlookers, and 140 masonic awareness kits were distributed.

Sir James Hardy and Malcolm Stradwick

Every year Access Class Dinghies hold a World Championship and in 2011, Middle Harbour Yacht Club at Mosman won the right to hold the event in 2012.

Under Commodore Julie Hodder, an organising committee contacted sailing icon RW Bro Sir James Hardy, Kt OBE PDGM, and asked him to be Patron. Sir James accepted and suggested the Committee contact for sponsorship RW Bro Malcolm Stradwick PRGC, the Foundation WM of Lodge Sir James Hardy No 1046.

Malcolm attended an early committee meeting, taking with him the IG of the lodge, Bro James Young, a professional sailor and committed Freemasonry to **Freemasonry and world sailing shared the spotlight** in Sydney as the two combined in April to stage a successful world sailing championship at Mosman.

Bronze Membership. James committed 'a day on the harbour on his two Merit Volvos' to the Charity Auction to be held early in 2012 where his donation raised \$2,800.

With help from Bro Noel Ramsden of Lodge Sir James Hardy who designed and made a masonic ring for a raffle and the Artarmon Masonic Hall Company, the donation for Bronze Sponsorship was raised.

'We are so very grateful to the generosity of the Hall Company.' Malcolm said. 'They donate in the vicinity of \$25,000 per year.'

In visits to lodges and via emails, Malcolm encouraged masons to enlist as volunteers. It would not be possible to list all the masons during the six days at Middle Harbour, from the car park to check in; to the rescue boats and to general helpers.

At the Opening Ceremony on Easter Sunday, the Square and Compasses were well exposed at the top of the stairs and then in the main marquee where participants and spectators gathered. Sir James welcomed the gathering, wished the contestants 'good sailing' and said how proud he was to be involved.

During the event, Sir James hosted VIPs on his classic yacht *Nerida* with Malcolm

crewing, taking them to watch the races while partaking in some fine Hardy's wines.

This sporting event was unusual because contestants are people with disabilities (85%) competing with each other and able-bodied sailors (15%). Chris Mitchell who designed the craft said there is no advantage to any person in his 8ft, 10ft, 12ft and 20ft dinghies. Some steer by levers. Another has a small stick which is steered by the toes by Ame Barnbrook who was born with no arms and only half a leg with three toes. At Lodge Sir James Hardy's meeting at Artarmon on Tuesday, 5 June, Chris will deliver a presentation on how the design of the different craft evolved.

Many yachts in the ACT and at Gosford are seen with the Square and Compasses on the sails from masonic involvement. VW Bro Terry Peek of Lodge Perfect of Canberra is the Charity president and along with Sir James, presented some of the winning trophies.

People with disabilities when asked why they love sailing will answer, 'the freedom'.

From the Square and Compasses on the entry to the club and exposure in the marquee, Freemasonry was also mentioned many times in the press releases distributed for the event.



One press release included:

Malcolm Stradwick from the Freemasons, said they were committed to raising \$5,000 towards the event, commenting: 'The Freemasons have been supporting Sailability for many years in many locations and are now proud to sponsor this event and, at the same time, support the Foundation Honorary Member of our Lodge; Lodge Sir James Hardy.'

And another:

Sir James Hardy, in his position of Patron for the Macquarie Access World Championships, has been present for the entire week, and is consequently in an ideal position to give a full overview. Sir James, a speaker at the Opening Ceremony, found the whole event 'A-grade... the MC, Errol (of EJP Communications), ran a tight ship,' he said. Sir James was also impressed by the Leader of the Opposition, Tony Abbott, 'speaking from the heart'. An outstanding sailor himself, Sir James found the competitors 'dauntless with amazing spirit,' and said that they had given him a 'serious education'.

The Sydney-based yachtsman has also been helping out in his own way; taking out volunteers, sailors and spectators on his famous wooden yacht, *Nerida*, to watch racing.

Sir James lived up to that charge of his Freemasons' lodge, a sponsor of the event. 'Meeting in the grand design of being happy and conferring happiness to others,' being generous with his time, yacht and food. When asked about his opinion of Middle Harbour Yacht Club as a venue he simply said: 'Full credit to Middle Harbour Yacht Club Commodore, Julie Hodder. Julie contacted me a year ago to be Patron of the regatta and the preparation has gone on that long.'

This truly was a great event – not only bringing joy and freedom to those with disabilities but with the added excitement of bringing Freemasonry to the community.

Citius, Fortius, Altius



The phrase is better known as part of an athlete's dream of going **faster**, **further and higher** and is the motto of one of the world's most watched events, the Olympic Games, which will be staged in London during the month of July with a strong Australian squad taking part.

he modern Olympic Games can be traced back to ancient Greece where interest was prevalent in physical prowess and athletic skills. These Games were originally spontaneous and informal but gradually became more formally organised and increased in scope and significance.

Baron Pierre de Coubertin, the founder of the Modern Games, got his inspiration from excavation work at Olympia in Greece which uncovered the ancient ruins. He first publicly spoke of his idea at a sports meeting in France in 1892. At another meeting in Paris in 1894, delegates from different countries accepted his proposal to revive the ancient Games. The first proposal was to stage the event in 1900 in Paris but this was changed to Athens, in Greece, in 1896.

At that first Olympics in Athens, a young Melbourne accountant, Edwin Flack, won gold medals in the 800 metres and 1,500 metres finals, providing a wonderful beginning to Australia's distinguished Olympic career.

Australia is one of only three countries which has competed at every Olympic Games and has a proud record of achievement as well as hosting the Games in Melbourne in 1956 and Sydney in 2000.

Masons have also been competitors and officials. The Sydney Games attracted a large number of volunteers to Olympic

Park, with MW Bro Noel Dunn, PGM and his wife Faye at the athletics track each day to check in athletes and officials.

Many masons trialled for selection at the Games and one of the first gold medallists was Mervyn Thomas Wood who made his first appearance as a rower at the 1936 Games in Berlin when he was a member of the eights who were eliminated in the repechage heats.

Wood went on to win gold in the single sculls at the London 1948 Olympics, silver at Helsinki in 1952 and bronze in the double sculls at Melbourne in 1956. He was also a prolific winner at the British Empire and Commonwealth Games, the Australian Championships and the Henley Diamond Sculls in England.

On the track, John Treloar was taking giant steps towards representing Australia in the 100/200m sprint and relays after winning NSW and Australian titles and proving too good in the Empire Games. Unfortunately his speed could not match that of American opposition.

There are many other masons who have been part of the Olympics, either as competitors or as officials and even lodges have been formed of past and present Olympians.

They will again be represented at London in July to continue a wonderful story.



Watch out for scams

Have you been caught by a **scam**, a **confidence trickster** or a **bogus sales person** calling at your door?

Scams and tricksters have always been around but in today's world, technology (internet and online) and social changes (mobiles and computers) are increasing the number of new and different scams around the world.

In particular, watch out for the three following examples which have been on the rise in the past decade.

Taxes and bank fees

Scammers have pretended to be the Australian Taxation Office or a bank or a legal firm claiming that people are entitled to reclaim tax, bank fees or a will bequest. They request you give them personal details, such as your bank account or taxation number so that they can send the refunds to you. Don't give any personal information to a person unknown to you. It is a must that you check with the Taxation Office or your bank or financial institution before taking any action.

Computer virus

You receive a phone call from a person who says they suspect your computer is infected with a virus and they need access to check it. They pretend to run a test and report your computer is infected and then try to convince you to purchase anti-virus soft-

ware to remove the infection. Do not allow any unauthorised person access to your computer or entry into your house. If you believe you have a computer problem, contact a legitimate company and ask them to make the inspection.

Government Departments

Another scam involves people pretending to be from Centrelink, Medicare, the Department of Veterans Affairs or other departments trying to get personal information. This information is used to steal money or commit identity theft whereby they can access your financial institution or use your credit card to make purchases.

BE AWARE

Many scammers are from overseas and can be hard to track with scams representing the fastest growing complaint category to the Australian Competition and Consumer Commission. The more socially and financially active you are, the bigger

opportunity for scammers to take action. There are longstanding scams such as overseas lotteries, telephone calls from people selling goods at special prices, offering free holidays and multiple bargains.

There are offers that come in the mail or dropped into the letter box, bogus callers who knock on the door and now those based on the internet. More people, especially seniors, are using the internet for paying bills online, shopping and email and it is important to remain alert for tricks.

Never send money or give credit card or bank details to an unexpected offer without checking all the facts. Try to talk it over first with a relative or official before making any decision. Victims are often embarrassed about being scammed but when you

realise it not only wastes your time but can lead to losing large sums of money or even a house or business, it's always best to remember to **BE AWARE**.





Regional Roundup





A number of brethren and their ladies were entertained at sea on board the ocean liner *Queen Elizabeth* on its February voyage from San Francisco to Sydney. Three informal meetings were held by members of the Craft where special certificates were presented to each attendee. Among the group were members from Australia, New Zealand, England, Scotland, South Africa, Germany, Canada and the USA. The talks ranged over lodge issues, membership and

modern times and culminated with a gettogether in the Commodore's Lounge at which the ship's master, Captain Christopher Wells stayed for an hour and delighted everyone by answering all questions relating to the 'QE' and his experiences at sea. The Toast to the Ladies was presented by RW Bro David Tilleyshort, a Past District Grand Master from New Zealand with another New Zealander, Mrs Brenda Smith, giving the response.

A new leader

The annual meeting of the Grand Chapter of NSW & ACT Order of the Eastern Star has installed Mrs Jean McClymont from Newcastle as the new Worthy Grand Matron and John Simpson from Sutherland as the Worthy Grand Patron.

At an earlier meeting, the retiring Worthy Grand Matron Mrs Margaret Smith and Worthy Grand Patron Ray Robey welcomed more than 100 members and visitors who attended a 60th birthday party of the Grand Chapter at the Bankstown Sports Club. It was also to celebrate 50 years since the Grand Chapter was installed at the Sydney Town Hall. Margaret Smith had updated all of the memory books and her husband Paul presented by PowerPoint the history of the 50 years. The members congratulated Margaret and Ray on their term of office and welcomed the new office bearers.

Donation by Coffs Coast Freemasons Association and Masonicare

I want to live a happy, inclusive independent life.' says Riley Saban, who has Cerebral Palsy Spastic Quadriplegia, 'and with your help I won't let my disability get in the way of my ability.'

This brave statement by young Riley inspired the Coffs Coast Freemasons Association to donate \$2,500 to be put towards essential equipment to improve his independence and quality of life.

With a Masonicare Interaction Grant bringing the total to \$5,000, Riley's mother Casey said 'We are so grateful to the Freemasons for donating to our fundraising appeal, organised through the Developing Foundation.

'This \$5,000 takes us to the \$30,000 we need to modify our vehicle so now we can get Riley and his powered wheelchair into the vehicle without having to lift him in ourselves.

'We thank everyone for their help. Every donation makes a difference to Riley.'

The cheque was presented to the Saban family at the Coffs Harbour Masonic Centre by DGIW District 53, VW Bro Geoff Greenaway and Region 5 Masonicare Representative, RW Bro Norm Standing.



VW Bro Geoff Greenaway and RW Bro Norm Standing present the cheque to the Saban family



CENTRAL COAST

A helping hand for the SES

entral Coast Freemasons have donated an inflatable rubber boat (IRB) with a 20 hp Mercury outboard and trailer to the State Emergency Service Gosford Unit to assist them in their rescue and evacuation work on the Central Coast.

The value of the donation is about \$17,000 and the presentation was made at Gosford in March with 48 masons and SES volunteers present.

Acting Commander, Werner Klumpp, in thanking the Freemasons, said the weather situation at that time, with flood warnings for the Hawkesbury/Nepean River, coupled with the potential overflow of Warragamba Dam, made the acquisition a very timely one.

Floodwaters on the Upper Hawkesbury make their way downstream and could potentially impact on the settlements of Gunderman and Spencer, both of which are in the Gosford SES area.

The IRB will be a valuable addition to SES resources to strengthen flood rescue capability and better suited to the type of flash flooding situations experienced locally than conventional boats.

The Wyong Unit of the SES has now made an application for a similar donation and the Board will meet shortly to consider another SES donation.



The IRB with outboard and trailer donated by Central Coast Freemason to the Cosford SES

Lodge Blackheath No 370

A railwaymen's gathering



Railwaymen present at the Installation Ceremony, L-R: RW Bro Bill Mc Bey RGC Region 3; VW Bro Don Mac Murray, DGIW District 94; VW Bro Kevin Holdsworth, DGIW District 35 (front); Bro Garry Sheather, JD; W Bro Colin Bray, IPM; W Bro Ken Sheather, WM; VW Bro Bob McCallum, DGIW District 34; Bro Damien Kershaw; W Bro John Craft; Bro Steve Wilson, SD; Bro Henry Watterson.

At the installation of Worshipful Brother Ken Sheather, a rail-wayman, into the chair of King Solomon in Lodge Blackheath No 370, many of his workmates, past and present were in attendance.

These brethren had worked in many parts of the state and in diverse railway occupations. It was an enjoyable evening of renewing old friendships, with many tales of past experiences being recalled and discussed in the South.

Leichhardt Lodge No 133

A big night for Michael

The Leichhardt Lodge No 133 attracted visitors from far and wide at its April meeting at Concord West when W Bro Michael Youssif initiated his son John.

Delegations from local and other lodges took up most of the seating and a good attendance of members, as well as the RGC and DGIW filled the remaining places.

The WM, W Bro Nick Kanaan handed over to W Bro Youssif who gave a faultless

rendition of the initiation ceremony. His performance was highlighted when he welcomed his son to the membership and members and visitors alike applauded when he completed the welcome with a big hug.

To round off his memorable night, Michael gave an emotional toast to the newly initiated brother as further welcome into the Craft; a big occasion and a happy and satisfying night.



Lodge Cedars No 1041

Lodge Cedars re-installation



n Saturday 25 February, W Bro Nick Malaxos visited Lodge Cedars No 1041 at the Punchbowl Masonic Centre for the re-installation of VW Bro Dr Abraham Constantin. He said it was the most memorable and historic ceremony he had ever witnessed in over 30 years in Masonry and gave this report.

'More than 200 attended with an estimated 80 Grand Lodge Officers, including the Grand Master MW Bro Derek Robson AM, the Deputy Grand Master RW Bro James Melville and the Assistant Grand Master RW Bro Walid Mehanna. Past Grand Masters MW Bro Dr Gregory Levenston, MW Bro Noel Dunn OAM and MW Bro Ronald Johnson AM occupied the positions of Senior and Junior Wardens and Inner Guard at the Board of Installed Masters.

'The ceremony was conducted in a proficient and superb manner under the Grand Director of Ceremonies, RW Bro Antoine Georges and the installing Master W Bro Joseph Nehme.

'It was my first visit to the Cedars Lodge, in its fourth year. I was impressed to see a new lodge that has surpassed all records and is guaranteed a great future with 13 Entered Apprentices in attendance, a very focussed and capable Master and a fine energetic and loyal group of Officers.

'It was inspirational to see a lodge that is a model of what Masonry is all about and a testament that Masonry is well positioned to move forward. I encourage masons in Lodges that are struggling to visit Lodge Cedars and get a taste of inspiration.

'After the ceremony, a magnificent Banquet was held at the Fontana Di Trevi Reception Centre, attended by 250 guests who enjoyed the warm hospitality of the lodge.

'At the Banquet, the GM made awards to Bro Ted Nader and my friend Bro Harry Kioussis who have served Masonry with distinction for over 35 years.

'Congratulations to the GM on his magnificent delegation, which included other Orders within our Craft, to the Grand Officers for attending in such an impressive act of unity, to the Worshipful Master and his officers, and to all brethren and their ladies.'

REGION 5

\$23,300 for Disaster Relief

asonicare Region 5 Representative, RW Bro Norm Standing, presented the winner of the Region 5 Disaster Relief Car Raffle, Mrs Di Balderston, with the keys to a Ford Fiesta on Saturday 18 February at Mike Blewitt Ford, Coffs Harbour.

'It only takes one ticket to win it and I bought mine at my local hairdresser's in Grafton,' said the excited winner.

RW Bro Standing was able to forward a cheque to the Masonicare Disaster Relief Fund for \$25,300. He thanked all the brethren and their ladies whose passion for the cause contributed to its success. 'Their loyalty, trust and effort were critical', he said.

'Districts with excellent results extended their communication skills by getting the community involved. They did not say "No" to a new adventure but were bold and willing to explore new ideas. We need to keep on learning new things.' he said.





few years ago RW Bro John Bone left Sydney for Redcliffe, Queensland, and joined Redcliffe Lodge No 287, UGLO.

He wanted his new lodge to see a second degree performed NSW style, so he asked Lodge Dawn No 511, in Tweed Heads, if he could bring down a fraternal visit from Brisbane to watch a second degree.

Not only did Lodge Dawn agree to defer their meeting to a Saturday, but put on a Triple Second for the occasion. RW Bro Bone commended the officers on their work and commented on the knockout Final Charge delivered by VW Bro George Michael.

At the end of the meeting the Worshipful Master of Lodge Dawn, W Bro Russell Moore presented each member of the Redcliffe Lodge with an engraved whisky glass to commemorate the occasion. He also presented their Master with a 'Travelling Gavel', which will have to be collected within six months.

Lodge Wyaldra No 238

Wyaldra at work

odge Wyaldra No 238 was privileged to initiate Mr Thomas Pinilla into Freemasonry Wyaldra in January, and to Pass Bro Paul Ginns to the Second Degree in February.

The Worshipful Master, W Bro Greg Dunnicliff, surrendered the Chair to W Bro Denis Yeo for the initiation and to VW Bro Lindsey Jones PDGDC for the Second Degree.





DGIW VW Bro Eric Beer congratulates Bro Paul Ginns on being passed to the Second Degree watched by SD Bro Bill Robinson.

DISTRICT NSW HUNTER

Open night a success

A fter months of planning and a frenzy of preparation for the long awaited Open Night in District NSW Hunter, more than 80 members and guests were welcomed through the doors of the New Lambton Masonic Centre to enjoy a very special evening.

The Open Night took place after Mystes Rosae Sovereign Chapter's regular meeting in February and was hosted by representatives from each of the district's four chapters, Aedis Christie (Gosford), Aquila Alba (Belmont), St Albans and Mystes Rosae (New Lambton).

A specially scripted talk gave the guests an overview of the 18th degree, how it is organised in Australia, the regalia, where they meet and costs, with officers from each chapter sharing the delivery.

Master of Ceremonies was Em Bro David Padgett. It had been earlier announced that Em Bro Padgett will become the new District Commander and his installation will be held at St Albans meeting in July.

Lodge Sir Joseph Banks No 300

A night to remember

A special meeting under the charter of Lodge Sir Joseph Banks No 300 was held at the Punchbowl Masonic Centre on Tuesday 28 February when a presentation of the First Degree Tracing Board was given by VW Bro Eric Manwaring PDGIW with musical accompaniment from the NSW Masonic Ensemble led by the Grand Director of Music, RW Bro Ian Cox.

A large attendance of brethren from the local masonic region supported by visiting brethren from lodges out of the region, who participated in the ceremony, added light and lustre to this special occasion.

A number of EAFs and FCFs were also in attendance and they made special observers to this special lecture.



Caring Officers Seminar

The first Masonicare Caring Officers Seminar took place in April at the Coffs Harbour Masonic Centre. The Seminar was conducted by the Chairman of Masonicare RW Bro Greg Redfern and the meeting was opened by RW Bro Bruce Arnol RGC Region 5. RW Bro Norm Standing MRR Region 5 addressed the meeting regarding the Masonicare Disaster Relief Raffle and awarded Certificates of Appreciation. RW Bro Standing also presented RW Bro Redfern with a cheque for \$25,500 for the Masonicare Disaster Relief Fund.

DISTRICT 44

Jet ski for emergency rescue

In February at Forster Surf Club, an amount of \$16,000 was donated to the Surf Lifesaving Lower North Coast branch to assist in buying a new Jet Ski to provide for rapid response rescue on the Forster Tuncurry entrance bar and on local beaches. The Jet Ski will be moored on a special pontoon at Forster marina ready for immediate launch and action. A special team of skilled operators has been prepared and will be ready for rapid response.

The funds were provided by the local Masonic community and Masonicare. The local group District 44 Masonic Charities, comprising lodges from Gloucester, Taree, Wingham, Laurieton and Forster, provided \$10,000. This was raised through a major raffle, bowls days and a dinner dance. The chief organiser, Don Andrews, thanked the community for their generous support and donations. The presentation of the cheque was made to Brian Wilcox of Surf Lifesaving by Jim Henderson, Chairman of District 44 Charities.



Lodge Morning Star No 410

Women boat crews benefit

A nother big effort by Freemasons on the Central Coast will provide a major benefit for women boat crews at the Terrigal Surf Life Saving club.

Members of Lodge Morning Star worked hard to raise more than \$7,000 for the April presentation which will assist facilities and training skills for the women.

The Lodge presented the Terrigal club with a boat cover and a set of oars designed for women to help attract new members to increase the women's crews.

Terrigal SLSC president Mardi Love thanked the Masons for their donation to the club.

"Organisations such as the Masons on the Central Coast are extremely valuable in assisting the Terrigal club in providing opportunities to develop outstanding volunteers," said Love.

School for new masons

early 40 Masons attended the Orchard Hills Masonic Centre in early May for the recently introduced School for New Masons whereby any Mason of any rank can further their Masonic knowledge.

Several Entered Apprentices and Fellowcrafts were present to ask questions to a panel of Grand Lodge representatives about areas of Freemasonry they did not understand.

The highly successful innovation was the brain child of VW Bro Ross Partridge, the Regional Education Officer for Region 3, assisted by a group of members who saw the need for further explanations as the candidates progressed through the various degrees

One hour was allocated for the first section relating to the Entered Apprentice Degree, one hour for the Fellowcraft and the final hour for the Master Mason with time allowed for questions.

The first evening was devoted to the explanation of the various and sometimes confusing extracts from the V.S.L. when run in parallel with the Masonic ritual. VW Bro Partridge said that with the assistance of his team, each successive school would be even better.

Fascinating Masonic Facts

Did you know...

On the day of the official opening of the Sydney Masonic Centre, a procession of Freemasons was held in formation down Castlereagh St Sydney to the entrance of the Centre to witness the official ceremony by the Grand Master at the time, MW Bro Noel Warren. At the completion of the Masonic Ceremony the doors were opened to permit the brethren to enter to inspect the interior of the building as well as joining their ladies who were seated inside. A report was received from the police that there was a bomb scare within the building and everyone was evacuated while a thorough search was made which proved a 'slip'.



Freemason welcomes new members to the Craft



Name	Lodge
GERSOHN, Alan	Lodge Harold Herman Unity 428 LOE
GILLAM, Matthew	Lodge Cavanbah 231
GRAINGER, Chris	Lodge Alpha 970
HAMMENT, Geoffrey	Lodge Panania 845
HARDAS, John	Lodge Kingsford Smith 1028
HARRINGTON, Mathew	
HART-SUTTON, Matthew	
TIAKT-301 TON, Matthe	Lodge 2001
HEBBARD, Nathanual	Lodge Carlton Kogarah 305
HERON, Mitch	Coeur De Lion - Narooma 84
HICKEY, Adam	Lodge Warragamba 541
IGLESIA, Rosaldo	Lodge Blacktown Kildare 393
ISSAHARY, Yehonatan	Lodge Mark Owen 828
JAAFAR, Alex	Lodge Liverpool 197
JARVIS, Jason	Lodge Ionic 65
JASON, Mark	The Sydney Lodge 1020
KANDIL, Safwat	Livingstone United 604
KEFT, Aaron	Lodge Commonwealth of
	Australia 633
KESTENBAUM, David	Lodge Queanbeyan St Andrew 56
KOLA, Christopher	Lodge Kellerman 1027
KUHN, Ross	Lodge Morisset 441
LIM, Rommel	Lodge Education 814
LOPEZ, Antonio	Lodge Education 814
MALVASO, Giuseppe	Lodge Galileo 1019
MARIANO, Ron	Lodge Woronora 414 LOE
MCCARTHY, Tim	Lodge Courallie 235
MCFARLANE, Jeffrey	Lodge St James 45
MCLEENAN, Christophe	
MCNEILL, Duncan	Lodge Ethos 963
MEURON, Michael	Lodge Illawarra 59
MILWAIN, Nicholas	Lodge St James 45
MIRANDA, Salvador	Antiquity 1
MOUSSA, Simon	Lodge Burnside 729 LOE
MUSA, Gerry	Lodge Alpha 970
NGUYEN, Tri	The Royal Empire Lodge 613
	odge Corrective Services 1039
NYBURG, David	Lodge Pacific 298
O'SHEEDY, Dan	Lodge Germania 1036
	dge Fidelity King Solomon 101
OPARCIK, Mick	The Sydney Lodge 1020
PALEOUDIS, Kriton	Lodge Liverpool 197
PAWLIW, John	Lodge Resurgo 223
PERRY, Shane	Lodge Middle Harbour 85
PETKOVSK,I Zoran	The Schools Lodge 639
PINILLA, Tomas	Lodge Wyaldra 238
PIRINA, James	Lodge Baulkham Hills 958
POSNER, Rodney	Lodge Benjamin Pryor 709

Name	Lodge
PRIEST, Kevin	The Queen's Lodge 229
	Lodge Celebration of Fairfield 345
RATHBONE, lan	Lodge University of Sydney 544
RISKALLA, Ricardo	Lodge Middle Harbour 85
•••••	Lodge Queanbeyan St Andrew 56
ROBB, Joseph	Lodge Mark Owen 828
ROBSON, Michael	Lodge Barham 561
SAMMOUR, Richard	The Cedars Lodge 1041
SEEDSMAN, Nick	Lodge Dawn 511
SEMAAN, Patrick	The Hills Lodge 1025
SENZIO, Pippo	Lodge Galileo 1019
SERGEANT, Jason	Lodge Pacific 298
SHADBOLT, Todd	Lodge Dawn 511
SHALALA, Fadi	Lodge Aviation 688
SILVER, Jayson	Lodge St Andrews 281
SIMMONS, Scott	Lodge Alpha 970
SMITH, Toms	Lodge Fidelity King Solomon 101
SNAITH, Stuart	The Lodge of Tranquillity 42
SORRELL, James	The Lodge of Tranquillity 42
STAMATAKIS, John	The Lodge of Australia 3
STEANE, Geoff	Macarthur Daylight Lodge 1009
STOKA, Bobis	Lodge Queanbeyan St Andrew 56
STOKES, Daryll	Lodge St James 45
STRINGER, Sam	Lodge Illawarra 59
SUNGA, Franciscus	Lodge Horace Thompson Ryde 134
SURTENICH, Peter	Lodge Germania 1036
TAYLOR, Christopher	Lodge Benjamin Pryor 709
TAYLOR, Anthony	Lodge Hurlstone Park United 288
TELLINI, Shane	The United Lodge of Sydney 11
TERRALBA, James	Lodge Southern Cross 91
	Lodge Queanbeyan St Andrew 56
TIPODINA, Vincenzo	Lodge Galileo 1019
TOWNSEND, Alan	Lodge Cronulla 312
TREAY, Ronald	Lodge Enterprise 400
	· · · · · · · · · · · · · · · · · · ·
TREUREN, John	Lodge Morisset 441
VAN DEN BERG, Fran	
	el Lodge Blacktown Kildare 393
	The Queen's Lodge 229
VERRENDER, Tim	Lodge St James 45
WALLACE, James	Lodge Panania 845
WARNER, Warren	Forster Great Lakes United 994
WATERSON, Neil	Lodge Ethos 963
	Lodge Dawn 511
WHIPPS, David	
WHIPPS, David WHITEHOUSE, Matt	hew The Lodge Federation 196
	hew The Lodge Federation 196 Lodge Condobolin 185
WHITEHOUSE, Matt	
WHITEHOUSE, Matt WIGHTON, Micharl	Lodge Condobolin 185

Lodge Axiom 1047

GERGES, Imad

ACROSS

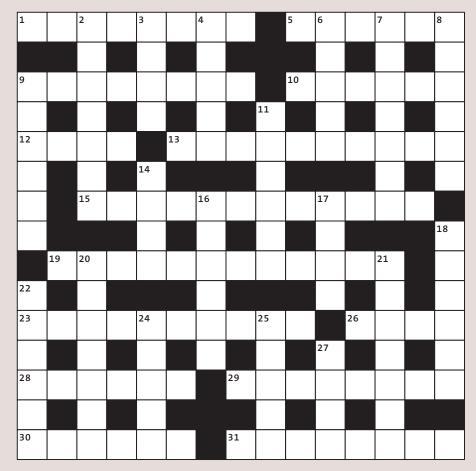
- 1 One of 9 & 13 across (8)
- 5 Old story about Hiram for instance, found at the foot (6)
- 9 & 13 Observe seventh day idleness, it conceals traditional causes of damnation (3, 5, 6, 4)
- 10 To help out mass is traditional in concealing the facts (6)
- 12 Another of 9 & 13 across (4)
- 13 See 9 across
- 15 Literal guess implicated parliaments (12)
- 19 Still another of 9 & 13 across (12)
- 23 Two of 9 & 13 across (5, 5)
- 26 One more of 9 & 13 across (4)
- 28 The French get into Polo for the son of Zeus (6)
- 29 The last of 9 & 13 across (3, 4)
- 30 Some missing in rough remote seas following the full moon on or after the northern hemisphere equinox (6)
- 31 Round dodger from the Grand Secretary perhaps (8)

DOWN

- 2 Last minute change, Mat has left with a kitchen gadget (7)
- 3 Far too sweet detailed in tweed (4)

Solution Autumn 2012





- 4 Most leave set income to provide for sibling's daughter (5)
- 6 Attempt to write short non-fiction prose (5)
- 7 A building so dedicated if I celebrate its contents (7)
- 8 Hate to let cadet estimate such concealment (6)
- 9 Some tasty ling fish provided for outer-guard's duty (6)
- 11 Principles involved with terrible ladies (6)
- 14 Evil fairy tale monster has made some progress (4)
- 16 Holds in contempt, ancestors for taking tea outside perhaps (6)

- 17 Expended dues another way (4)
- 18 By the sound of it, a sea wall for private parts (6)
- 20 Perfumed model leaves outdoors agitated (7)
- 21 Arrangement left unsaid for time piece (7)
- 22 Regularly seasick? Ample reason to break free (6)
- 24 Take only 50% of lethal venom? (5)
- 25 Mention us when disorderly with most characters missing in absolute boredom (5)
- 27 Depict some of it as a marathon (4)

Solution next issue © adsXwords



WHY does my family only talk when the news is on?

JUST when a woman thinks her work is done she becomes a grand-mother

RULES and regulations are for the guidance of the wise and the mindless obedience of utter idiots.

ALL people give me pleasure, some as they arrive and some as they depart.

Smith climbs to the top of Mt Sinai to get close enough to talk to God. Looking up, he asks the Lord, 'God, what does a million years mean to you?'

The Lord replies, 'A minute.'

Smith asks, 'And what does a million dollars mean to you?'

The Lord replies, 'A penny.'

Smith asks, 'Can I have a penny?'

The Lord replies, 'In a minute.'

50 Years Service

ABBERFIELD, Maxwel	The Waratah Lodge 170
ALLEN, Keith	Lodge Ingleburn 815
AUSTON, DAVID	Lodge Morisset 441
AUSTON, WARREN	Lodge Morisset 441
BARSTOW, DENNIS	Lodge Greater Taree 66
BATES, JAMES	Lodge Toukley 933
BIGGS, ROBERT	Lodge William Thompson
	of Liberty Plains 96
BIRD, MERVYN	Lodge Liverpool 197
BOCK, KENNETH	Lodge Epping 390 LOE
BROAD, DOUGLAS	Lodge Temora 168
CAMPBELL, PETER	Lodge Glen Innes 44
CHEETHAM, KEVIN	Lodge Picton 258
CLARK, DONALD	Lodge Sincerity 233
CLARKE, KEITH	Lodge Temora 168
COLES, RALPH	Lodge Double Bay 331
COOK, ROBERT	Lodge Port Stephens 522
COOPER, STANLEY	Lodge Far West 482
DOHAN, WALTER	Lodge Double Bay 331
EAGLES, BRUCE	Lodge Picton 258
EAGLES, NORMAN	Lodge Picton 258
ELLIOTT, WILLIAM	Lodge Burnside 729 LOE
ENGLERT, WILTON	Lodge Airds Campbelltown 976
FLANAGAN, KEVIN	Lodge Harold Herman
	Unity 428 LOE
GALLOWAY, MALCOLA	
	University of Sydney 544
HARRIS, PHILIP	Lodge Narromine 236
HEMINGWAY, GEORG	
	Australian Lodge of Harmony 5
HIGGINS, WARWICK	Lodge Epping 390 LOE
HIGHTON, HAROLD	Lodge St David and St John 180
HOGDEN, BARRY	Lodge Alpha 970
KEDZIER, JOHN	The United Lodge of Sydney 11
MACALPINE, ROSS	Lodge Ingleburn 815
MADDEN, CHARLES	Lodge Toukley 933

MEACHAM, ROBERT	Lodge Temora 168
MEDCALF, ARTHUR	Lodge Far West 482
MENDHAM, GRAHAM	Lodge Carringtonia 187
MINK, DAVID	Lodge Armidale 641
MORRICE, GEORGE	Lodge Picton 258
PRESTON, THOMAS	Lodge Young Burrangong 20
QUARMBY, KENNETH	Lodge Picton 258
READ, JOHN	Lodge Benjamin Pryor 709
SCHOLZ, ALFRED	Lodge Chelmsford 261
SEAY, WILLIAM	Lodge Balgownie 944
SELL, ROBERT	Lodge Picton 258
SINCLAIR, JOSEPH	Lodge Panania 845
STENNETT, PETER	Lodge Dawn 511
SWATTRIDGE, RONALD	Lodge Gymea 796
TOMBS, ARTHUR	Lodge Armidale 641
TURNER, BRIAN	Lodge John Williams 148
WHITE, ALAN	Lodge Picton 258
WINTER, WILLIAM	Lodge Double Bay 331

60 Years Service

ASIMUS, COLIN		Lodge Scone 183
BAKER, JOHN	Lodge Q	ueanbeyan St Andrew 56
BILLINGTON, WALT	ER	Lodge Wyong Tuggerah Lakes 247
BIRD, HARRY		Lodge FS Mance 671
BIRDSALL, KENNET	Н	Lodge Port Stephens 522
BROMWICH, CARL	Lodge	e Perfect of Canberra 951
BUCKTON, KEITH	Lo	odge Lake Macquarie 243
COLLINGS, ERIC		Lodge Punchbowl 244
CUNNINGHAM, CL	ARENCE	Lodge Far West 482
FREUDENSTEIN, FR	ANCIS	Lodge Young Burrangong 20
GIBBS, KENNETH		Lodge Oberon 355
HART, REGINALD		Lodge Baddeley 205
HILL, JAMES		Laurelbank Kuring-gai Daylight Lodge 230
HOADLEY, BRIAN		Lodge Carringtonia 187



JARVIS, RONALD	Lodge Far West 482
JONES, EDGAR	Lodge Far West 482
KING, KEITH	Lodge Punchbowl 244
KNIGHT, GEOFFREY	Lodge Burnside 729 LOE
LAMBETH, JOHN	Concord Technology 432
LEGGE, WILLIAM	Twin Towns Daylight Lodge 981
MACKENZIE, JOHN	Lodge Artarmon United 285
MAWSON, MALCOLN	The United Lodge of
	Sydney 11
MAYGER, DOUGLAS	Lodge Sawtell Twilight 741
MORELAND, ARTHUR	
	Daylight Lodge 230
NIEMEIER, MALCOLM	
PATTON, GEOFFREY	Lodge Far West 482
PHILLIPS, HERBERT	Lodge Double Bay 331
PURCELL, KENNETH	Lodge Hornsby 262
QUIGG, DOUGLAS	Lodge Carringtonia 187
RIPLEY, BRUCE	Lodge Port Stephens 522
ROBERTSON, BRUCE	The Royal Empire Lodge 613
RONAN, ALPHONSUS	Lodge Baddeley 205
SHARP, ERNEST	Lodge F S Mance 671
SIMPSON, NEVILLE	Lodge Central Australia 88
STUART, RAYMOND	Lodge Woronora 414 LOE
TEMPLETON, RONALE	Lodge Friendship 158
WATSON, KEVERN	Lodge Punchbowl 244
WEBB, THEODORE	Lodge Port Stephens 522
WELLS, ALAN	Lodge Benjamin Pryor 709
WOODLAND, WALTER	R Lodge Port Stephens 522
WORTH, DESMOND	Lodge Port Stephens 522

70 Years Service

DIBBEN, VICTOR	Lodge West Epping 731
HICKS, FREDERICK	Lodge Punchbowl 244
MACDOUALL, PHIPPS	Lodge Punchbowl 244

Who would want to be

f we print jokes, people say we're silly, if we don't they say we are too serious. If we clip things from other magazines, we are too lazy to write them ourselves, if we don't we are too conceited to use other than our own material.

If we don't print every word of all contributions, we don't appreciate true genius. If we do print them, the columns are full of junk.



for poor editing.

Now, like as not, someone will say we have stolen this item from some other publication. We have!





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APPEAL

The Royal Freemasons' Benevolent Institution

Established in 1880

APPEAL APPEAL APPEAL APPEAL APPEAL APPEAL APPEAL APPEAL APPEAL APPEAL

APPEAL

Each March, April and May the Royal Freemasons' Benevolent Institution conducts its APPEAL QUARTER. This is the time of the year when the RFBI appeals to Masons to support it's work. Our other Masonic friends, A Start in Life (formally Masonic Youth Welfare) and the Whiddon Group conduct their appeals in other three month periods during the year. I encourage all Masons to support these charities as well.

> The RFBI APPEALS to Masons to assist in continuing the caring work begun in 1880. Today, in addition to the Annuity and the Benevolent Assistance Schemes where assistance is granted to those in need, the RFBI provides accommodation for more than 2,500 senior citizens in its retirement villages. The physical evidence of our 20 retirement villages, is a testimony to the charitable works of Freemasonry. Be assured, all donations (tax deductible) will be gratefully received and faithfully applied.

THERE IS AN RFBI ENVELOPE INCLUDED IN THIS EDITION OF THE FREEEMASON. PLEASE USE THE REPLIED PAID ENVELOPE AND RETURN SAME TO THE RFBI.

> YOUR DONATION WILL BE **GRATEFULLY RECEIVED AND** FAITHFULLY APPLIED.

The RFBI invites you to leave a BEQUEST IN YOUR WILL to enable the charitable works of the Royal Freemasons' Benevolent Institution to continue. Please contact Head Office for the appropriate form.

> The RFBI is keen to seek assistance from Volunteers. The scope of involvement is limitless.

Likewise the RFBI is able to organise Speakers for Lodge meetings or any like minded Masonic Function. Please contact Alex Shaw.

The RFBI has vacancies in its self care complexes at Basin View, Goulburn and Lakemba. For retirement village inquiries, please contact Alex Shaw or Ann King on 9264 5986

